



CALAPT TODAY

A Newsletter of the
California Association for Play Therapy

Volume 27, Number 1, March 2016



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How to stay connected with CalAPT!



CalAPT email

calapt@calplaytherapy.org



CalAPT website

www.calplaytherapy.org



CalAPT Facebook Page

www.facebook.com/CALAPT



CalAPT Twitter Page

[@calapt](https://twitter.com/calapt)



Now on Pinterest!

<http://www.pinterest.com/CalPlayTherapy/>

President's Message

Happy New Year!

What a fabulous year 2015 was for CALAPT! In addition to hosting 7 full day workshops & 2 Regional Conferences (offering a total of more than 60 hours of CE's), 2015 saw the addition of a new chapter based in San Diego. Thank you to all of our Chapter Officers for their dedication, hard work, time and efforts to make CALAPT effective.

I would like to thank our outgoing Executive Board Members: Aseye Allah, Clee Langley, Christy Livingston and Reena Patel. Most of these board members have held various offices at the chapter and branch level for several years. Their commitment and generosity to CALAPT has been much appreciated.

2016 promises to be a fun and playful year for CALAPT. We have lots of exciting and informative workshops planned for this coming year. We have made some changes to our Regional Conferences, watch your email and social media for announcements! Our website calendar is frequently updated with new offerings, so be sure to check often.

Jodi Smith, LCSW, RPT-S



Jodi Smith, LCSW, RPT-S
CALAPT 2015 President

11th Annual Southern California Regional Play Therapy Conference May 20 & 21, 2016

Etiwanda Gardens, 7576 Etiwanda Ave., Rancho Cucamonga CA 9173

Friday ~ Full Day Session

Not Just Child's Play: Using Play Therapy with Teens

Presenter: Holly Willard, LCSW, RPT-S

Saturday ~ AM Sessions

**[1A] Culturally Responsive Play Therapy
For Bereaved Children**

Presenter: Victoria Keyser MSW, PsyD

**[1B] The Most Popular Therapist on the
Block: Child-Centered Play Therapy for
Assessment**

Presenter: Georgie Wisen-Vincent LMFT, RPT-S

Saturday ~ PM Session

**[2A] Mindful Play Therapy: Learning to "Pay
Attention" can be FUN!**

Presenter: Susan Reed, MA, LMFT

**[2B] Play Therapy with the Virtual Sandtray
APP: Pros, Cons and Possibilities**

Presenter: Jessica Stone, PhD, RPT-S

Early Bird Discount Rates increase on April 1 2016

Full Conference Ticket

APT Member \$230

Non-APT Member \$290

Student \$230

Single Day Ticket

APT Member \$140

Non-APT Member \$170

Student \$140

Group Discount

Full Conference ONLY \$250

Lunch Included with Ticket Price!

[Online Registration](#)

2016 Coming Events

3/9/16

San Luis Obispo County Chapter Meeting (1.5 CE)

Presents: Trauma-Focused Play Therapy Interventions with Children and Young Adults

Presented by: Ashley Smith, LMFT

Time: 6:00pm - 8:00pm

Location: The Veteran's Memorial Building (The Vet's Hall)

801 Grand Ave., San Luis Obispo, CA 93401

RSVP to Pam Benadiba at cccalapt@gmail.com

4/8/16

San Francisco Bay Area Chapter ~ Meet & Greet

There will be two half-hour presentations and time for mingling and networking games.

Presentation 1 - Social Superheroes: Using Play Therapy to Facilitate Social Skills by

Karen Wolfe, LMFT

Presentation 2 - Kimochis: A Play Therapy Approach to Teaching Emotional Intelligence

by Kate Leyva, LMFT

Time: 12:00 to 2:00pm

Location: Sports Basement Community Room

2727 Milvia Street, Berkeley, CA 94703

RSVP to sfbayareacalapt@gmail.com or 530-219-8484 by Wednesday, April 6th

4/16/16

San Bernardino Chapter (6CE)

Presents: Where the Wild Things Are: Play Therapy Through a Jungian Lens

Presented by: Maxine Bowden, LMFT, RPT-S

Date: Saturday, April 16, 2016

Time: 9:00AM to 5:00PM

Location: West Valley SART, 814 N Euclid Ave, Ontario, CA 91762

[ONLINE REGISTRATION](#)

5/14/16

Central Coast Chapter Meeting (1.5 CE)

Presents: Animal Assisted Play Therapy

Presented by: Jodi Smith, LCSW, RPT-S, CAAPT

Time: 10:00AM to 12:00PM

Location: The Veteran's Memorial Building (The Vet's Hall)

801 Grand Ave., San Luis Obispo, CA 93401

5/20 & 5/21

11th Annual Southern California Regional Play Therapy Conference

Location: Etiwanda Gardens, 7576 Etiwanda Ave., Rancho Cucamonga CA 91739

Friday ~ Full Day Session

Not Just Child's Play: Using Play Therapy with Teens

Presenter: Holly Willard, LCSW, RPT-S

Saturday ~ AM Sessions

[1A] Culturally Responsive Play Therapy For Bereaved Children

Presenter: Victoria Keyser MSW, PsyD

[1B] The Most Popular Therapist on the Block: Child-Centered Play Therapy for Assessment

Presenter: Georgie Wisen-Vincent LMFT, RPT-S

Saturday ~ PM Sessions

[2A] Mindful Play Therapy: Learning to "Pay Attention" can be FUN!

Presenter: Susan Reedy, MA, LMFT

[2B] Play Therapy with the Virtual Sandtray APP: Pros, Cons and Possibilities

Presenter: Jessica Stone, PhD, RPT-S

REGISTER NOW! EARLY BIRD DISCOUNT RATES INCREASE APRIL 1, 2016!

[ONLINE REGISTRATION](#)

Ask the Expert

By Carmela Wenger, LMFT

My client is a five year old boy who has been in an adoptive placement for six months. He is the youngest child in a family of three children. The other two are his sibs and they were placed as a group. The parents need some concrete interventions for dealing with Greg's statement, "I don't want to grow up" as well as his insistence that they do things for him that he can easily do for himself. He and his sibs have a history of neglect due to the birth parents' substance abuse. There was no abuse as far as the social worker knows. The children were taken into care when neighbors reported that the boys were knocking on their doors asking for food. Both parents were not able to use rehab services and subsequent to the boys' placement in foster care mother died of an overdose and father has gone to prison. Father agreed to their adoption. There was no good bye session with his sons. The boys were all told of their mother's death and they all know that their father is in prison.

The adoptive parents are nurturing insofar as they read to the children, play with them, cuddle them, etc. They are aware that Greg was not nurtured and they want to nurture him, but not "baby him." When he asks to be fed from a baby bottle they report that they cannot do it. They tell him he is "too old" to be fed like a baby.

Greg is not five years old emotionally and he seems to be trying to get now what he was deprived of as a younger child and as an infant. If his parents are not comfortable feeding him with a bottle would they be comfortable holding him on their laps while he sucks a popsicle? I have had success allowing neglected children to be babied when that intervention is controlled and defined as a "game."

Parents are comfortable "playing" with a child in a structured and time limited framework. For example, "Greg, you want to be a baby sometimes and we have decided to play "baby" for 15 minutes on Saturday morning from 10 to 10:15." During that time he can be rocked, lotion can be put on his hands and feet, and he can be fed from a bottle or held while he sucks a lollipop or popsicle. He can ask for other baby treatments. When he wants to be babied during the rest of the wk parents can remind him that the "Baby game" is on Saturday. Today he is five. If he has a hard time waiting for that Sat they can might have to do it more often.

The goal is to attune to his need to be babied in a structured way so that he can learn to manage dependency needs the rest of the time. He needs to know that it is ok to need this and they will do it as long as he needs it. They can acknowledge that he "missed your turn to be a baby who was well cared for." This explains to him that they understand what he missed as well as giving him the language he needs to understand himself.

I would explain to parents that Greg has had lots of practice being independent. He needs to have some corrective experiences re: being dependent. He will stop needing to play this game when he is allowed to get what he missed.

Association for Play Therapy Membership

The Association for Play Therapy (APT) is the parent organization of CalAPT.

The Association for Play Therapy observes a dual membership policy. Dual membership requires:

- Persons joining CalAPT join APT
- Persons living in California who join APT also become members of CalAPT.

The purpose of dual membership is to increase collaboration and interaction between APT and its state branches – a partnership CalAPT supports!

Being an APT member provides you with discounted rates for full day trainings, Quarterly Journals, and the Play Therapy Magazine. Membership also allows for discounted rates for the Annual National Play Therapy Conference. To renew your membership please talk with your nearby chapter or visit the APT Website at <http://www.a4pt.org/memberapp.cfm>

Chapter Updates:

Central Coast Chapter Leadership and Update:

(The Central Coast Chapter includes the areas of San Luis Obispo and Santa Barbara)

President ~ Pamela Benadiba Email: pam.729@gmail.com

Happy New Year Central Coast Play Therapy enthusiasts! We are very excited to announce our new Central Coast Chapter officers. Pamela Benadiba, LMFT will join us as our new Central Coast Chapter president and Alexandra Heuer, PCCI will become our new president elect. We are very excited to have both of these talented therapists joining our team. We are also thrilled that Debbi Heredia, LMFT-I will continue to be a team member providing another year of service as our Secretary.

We look forward to and are working on planning several trainings throughout the year in 2016. Please keep your eyes posted for news on our upcoming events.

Allison Locke, ASW
Immediate Past-President, Central Coast Chapter

Central Valley Chapter Leadership and Update:

(The Central Valley Chapter includes the areas from Tulare to Stanislaus)

President ~ Elisabeth Contreras Email: contreras81@gmail.com

Happy New Year fellow play therapy enthusiasts, it's been an exciting year for the Central Valley Chapter! We have had the opportunity to host amazing presenters and we are looking forward to 2016. We are fortunate to have our 2016 leadership set and will be working hard to put together training's specific to interests and feedback expressed by our member's.

We would like to give a special thank you to our Lifetime Achievement Award winner and distinguished presenter, Dr. Kevin O'Connor for presenting "Ecosystemic Play Therapy School Aged Children with Conduct Disorders" for our final 2015 6CEU event, it was truly an amazing experience.

For additional information and/or to be added to our email list, please contact us at centralvalleycalapt@gmail.com

Elisabeth Contreras ~ 2016 President, Central Valley Chapter

Los Angeles Chapter Leadership and Update:

(The Los Angeles Chapter includes the areas of Los Angeles, Ventura, & the San Fernando Valley)

President ~ Linda Carino Email: lindcari@yahoo.com

The Los Angeles Chapter would like to thank former president, Gloria Osborne, LCSW, for her phenomenal work, dedication, and support during her presidency. We are pleased to welcome our committee members Chequet Ching, MSW as President-Elect and Licex Frausto, MSW as our secretary.

We have some exciting workshops and events planned for the year. Please save these dates for 2016: February 11- "Play Therapy Meet and Greet: An Intervention Exchange" This will be a meeting and an opportunity to meet fellow play therapist and learn new play therapy interventions. No CEU's will be offered for this event.

August 13 (6.0 CEU) - "Play Therapy and Law & Ethics" by Quint Paige, MFT, RPT-S

We are also looking for potential presenters for the 2016-2017 year. If you or someone you know is interested in presenting for the Los Angeles Chapter, please email us at lacalapt@gmail.com

Linda Carino, MSW ~ CALAPT Los Angeles Chapter President

Orange County Chapter Leadership and Update:

(The Orange County Chapter includes all geographic regions of Orange County)

President~ Naraghi-Babaei, LCSW Email: Sahar.Naraghi@gmail.com

We started the year out with a great presentation by Dr. Janine Shelby. Janine Shelby presented on Safety-Based Intervention Strategies for Play Therapists on January 30, 2016. It was a great success!

I want to introduce our officers in their new positions for 2016. Sahar Naraghi-Babaei, LCSW is the incoming President, Cristina Minchala, MFT will be moving from secretary to President-Elect and we welcome Jennifer Harbor, LCSW as our new secretary! We are looking forward to a great year of new trainings and meetings. Our remaining dates for the year are as follows: May 7, July 9 and October 22 will be our two hour meetings with a free training. We hope to see many of you join us!

Malaika Clelland, LCSW, RPT-S ~ Immediate Past-President

Sacramento Chapter Leadership and Update:

(The Sacramento Chapter includes Sacramento and outlying areas including Elk Grove, Folsom, El Dorado Hills, Roseville and Auburn and Davis, Yolo County.)

President ~ Jennifer Tutt Email: jentutt@sbcglobal.net

We are looking forward to kicking off another exciting year in 2016! Our incoming officer slate includes: President – Jennifer W. Tutt, LCSW; President-Elect - Katherine Barrett, LCSW, and, Secretary – Renee Bond, M.S., LPCC. Our first Chapter meeting was held on January 30, 2016, from 10 am-12 pm at Alliant International University in Sacramento, CA. Morgan Katcher, MA presented a workshop titled “Play Therapist Strategies for New Parents Struggling with Post-Partum Depression and Transitioning into Parenthood.”

Thank you,
Jennifer W. Tutt, LCSW

San Bernardino Chapter Leadership and Update:

(The San Bernardino Chapter includes all geographic areas of San Bernardino County)

President ~ Reannin Weinstein Email: rweinstein@victor.org

Greetings fellow play therapy enthusiasts, we are looking forward to an exciting year! Reannin Weinstein will be serving as 2016 President, Felisha Cullum as President-Elect and Mari Ulate as Secretary.

We have a great 6 CE workshop planned for April 16, 2016. Maxine Bowden, LMFT, RPT-S will present “Where the Wild Things Are~Play Therapy Through a Jungian Lens” at West Valley SART, 814 N Euclid Ave, Ontario, CA 91762. We hope to see you there!

Brianna Belcher, MSW, Immediate - President, San Bernardino Chapter

San Diego Chapter Leadership and Update:

(The San Diego Chapter includes all geographic areas of San Diego County)

President ~ Shirla Pamp Email: shirlapamptherapy@gmail.com

Our San Diego chapter was born in 2015 and is growing quickly! We hosted two 1.5 CE workshops with amazing attendance, and we ended the year with a very fun White Elephant Meet & Greet that was a blast and a great networking opportunity! 2016 will start with our first 6CE full day event that will take place on February 27th. Kimberly Bartlett, LCSW, RPT-S will be presenting on Integrative Play Therapy at National University Academic Headquarters located on 11255 N. Torrey Pines Rd, San Diego, CA 92037. Since our San Diego officers did not have a full term in 2015, our roles will remain the same in 2016: Shirla Pamp -President, Isabelle George- President Elect, Laura Christofferson- Secretary. We look forward to seeing you at one of our events this year!

Shirla Pamp, LMFT, RPT ~ President, San Diego Chapter

San Francisco Bay Area Chapter Leadership and Update:

(The San Francisco Chapter includes all geographic areas of San Francisco Bay)

President ~ Kate Leyva Email: Kate@KateLeyvaCounseling.com

The San Francisco Bay Area Chapter would like to introduce the new officers for 2016. Karen Wolfe, LMFT serving as past president. Kate Leyva, LMFT serving as current president and Annelise Bilger, MFT Intern serving as secretary. We are currently looking for someone to fill the president-elect position.

We would like to thank our 2015 officers Jeannette Harroun, LMFT who served as the past president in 2015 and Susan Brumm, LPCC who stayed on to help the team. A special thank you goes out to John McGinnis, LMFT for his many years of hard work and dedication to the chapter serving as secretary and all around sergeant at arms. His are some big shoes to fill and we appreciate his contribution greatly.

We had a wonderful presenter, Leslie Baker, LMFT present on “Tech Gone Wild: Sexting, Cyberbullying & Porn: Interventions in Family Play on January 29, 2016. We are looking forward to an exciting year of trainings and connecting with local play therapists.

Kate Leyva ~ President, Bay Area Chapter

2016 California Association for Play Therapy Board of Directors

Executive Board

President

Jodi Smith, LCSW, RPT-S
Email: jodismithlcsw@me.com

President-Elect

Robin Christopherson, LMFT
Email: robin.counseling@gmail.com

Immediate Past-President

Vacant

Treasurer

Patricia Temple, MFT
Email: Ptemple99@gmail.com

Secretary

Miranda Gabriel, Psy.D.
Email: dr.mgabriel@gmail.com

Members-at-Large

Member-at-Large A / Web Administrator

Lauren Stockly, LCSW
Email: lstockly@gmail.com

Member-at-Large B / Conference Chair South

Juana Mercado, MSW
Email: mercadojuana@ymail

Member-at-Large C / Conference Chair North

Vacant

Member-At-Large D / Outreach and Development

Bridgette Mitchell
Email: writetobridgette@yahoo.com

Member-At-Large E / APA Oversight

Dr. Lisa Staab Shadburn
Email: dr.lisa_shadburn@yahoo.com

**Canadian Association for Child and Play Therapy
Presents: Trauma-Informed Expressive Arts Therapy Level One
Presented by: Cathy A. Malchiodi, PhD, LPCC, LPAT, ATR-BC, REAT
May 2-4, 2016**

Location: Delta Bessborough in Saskatoon, Saskatchewan

Join us for this three-day course presenting the foundations of trauma-informed practice and the latest research and approaches to expressive arts and play, stress reduction and resilience. Participants will learn art therapy and expressive arts therapy strategies and applications to increase their understanding of trauma-informed approaches, enhance resilience in various client populations and reduce stress responses to trauma and loss. Participants will engage in a variety of hands-on experiences using mind-body, mindfulness, wellness and strength-based best practices grounded in emerging research. The essential practices presented in this course can be applied to individuals of all ages and families, groups and communities from a culturally-responsive, trauma-informed approach.

For more details, fees and registration please email grybaevents@gmail.com

Interested in ADVERTISING in CALAPT Today?

The newsletter is published 5 times yearly in January, April, June, August and October. Deadlines are 60 days prior to these dates.

For information Email Jodi Smith, LCSW, RPT-S at jodismithlcsw@me.com

or

download the newsletter ad form at <http://www.calplaytherapy.org/NEWSLETTER.html>

We encourage all play therapists and CALAPT members to seek formal credentialing with the Association for Play Therapy.

For more information, go to

<http://www.a4pt.org/?page=Credentials>

OR

Carol Guerrero, CAP
Credentials Coordinator
Association for Play Therapy
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Fax (559) 294-2129
[*cvega@a4pt.org*](mailto:cvega@a4pt.org)

Advertisements

A Coloring Book of Healing Images for Adult Survivors of Child Abuse (2015),

by Ellen Lacter

Psychoeducation, healing suggestions, 119 illustrations, heavyweight paper suitable for most art media <http://colortoheal.com/>

Virtual Group Play Therapy Supervision

With Jodi Smith, LCSW, RPT-S, CAAPT in Claremont, CA

Starting in November!

Call Jodi at (909)213-0211 or jodi@playispowerful.com

Individual Play Therapy Supervision

with Annica Nilsson, LCSW, RPT-S in Los Alamitos, CA

Available face to face or distance

Call Annica at (714) 875-2310

Play Therapy Supervision

with Kimberly Bartlett, LCSW, RPT-S

Utilizing an Integrative Play Therapy perspective, clinicians will explore ways to integrate a range of play therapy orientations into their practice. www.caringheartisplaytherapy.com

DISCLAIMER: The aim of the CALAPT Newsletter is to provide a forum for discussion of a wide range of articles representing various theoretical models, treatment approaches, concerns and activities in play therapy. Inclusion of a specific article does not reflect CALAPT official position or endorsement unless otherwise stated. The data and statements herein are the sole responsibility of the authors concerned.