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President's Message: Aseye Allah, LCSW, RPT



Happy New Year CalAPT!!!

I am very excited about 2014 and what it brings for CalAPT. This year we have some great trainings and workshops. We have a variety of speakers and topics. Please make sure to connect with your area chapter in order to learn about more events from your chapter. You may also visit the CalAPT website for more information.

I want to thank our past president Mary Ruth, for all her hard work. I look forward to serving on the Board this year and working with the Board to have a successful and efficient year. I want to take the time to thank those Board Members who completed their term in 2013. Thank you to Colleen Sebastian; Treasurer, John McGinnis; Web Administrator, Karen Pernet; Northern Regional Conference Chair, and Jacqueline Golding, APA Oversight.

Please welcome the 2014 CalAPT Board of Directors.



L to R: Aseye Allah, Patricia Temple, Susan Kelsey, Miranda Gabriel, Mary Ruth Cross

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President-Elect Susan Kelsey

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Member-at-Large G / APA Oversight Elizabeth Schreiber

I am very excited for 2014. We have a strong leadership team at the Board level and the Chapter Levels. Please take the time to read the newsletter and get acquainted with what's ahead for the chapter near you!

~Aseye Allah, LCSW, RPT

2014 CalAPT President

Book Review:

By Lisa Klipfel, MFT
CALAPT Orange County Chapter President 2014

Executive Function and Child Development (2013) by Marci Yaeger and Daniel Yaeger

Have you ever encountered any of these presenting problems? Parents complaining about their child not listening, struggles to get their child ready for school, children having meltdowns where no intervention helps, and failure in behavior changes despite use of every reward and punishment program. The authors express that these are common manifestations of problems in self regulation due to deficits in executive function. They pull from the writings of Russell Barkley, Lev Vygotsky and the field of play therapy and have created a book that is a quick read, explains executive function in easy to understand terms, describes effective interventions and reasonings for interventions.

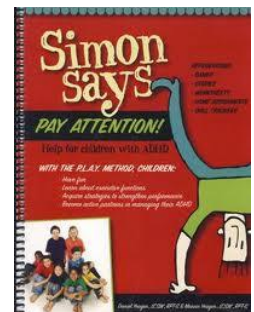


Brain research and brain function have been recently widely researched and theorized. Executive function occurs in the frontal cortex. Executive function encompasses working memory, response inhibition, shifting focus, self-monitoring, goal orientation, and cognitive flexibility. The authors examine ways to improve and develop executive function through external supports, point of performance, internalized speech, self-regulation and play.

What I love about the way this book is written is the use of examples. The examples show not only ways to identify the deficits in executive function, but also what well developed executive function looks like. The Yaegers really break down very specific aspects executive function deficits which helps to identify effective interventions.

In addition, the Yaegers present case examples from preschool age to elementary age. This book includes not only identification and case examples, but targeted interventions as well. The authors focus not only on what can be done in the clinical setting, but how to engage the parents and use interventions in the classroom as well. Although this book discussing clinical assessment and interventions, it may be a great explanation for parents and teachers as well.

There is a companion manual, "Simon Says Pay Attention: Help for Children with ADHD" which is a spiral bound book of therapist interventions and handouts. I found them to be complimentary. I wouldn't recommend the "Simon Says Pay Attention" book unless you have first read the *Executive Function and Child Development* book.



This book is available in hard cover through their publisher (W. W. Norton), Amazon and is also available on kindle and nook.

Chapter Leadership and Updates

Central Coast Chapter Leadership and Update:

(The Central Coast Chapter includes the areas of San Luis Obispo and Santa Barbara)

President

Anne C. Harris, LMFT
anneandpoozie@yahoo.com

President-Elect

Allison Locke, ASW
allygato1998@yahoo.com

Secretary

Jenni Basch, MFT-I
jennibasch@gmail.com

Immediate Past President

Dana Francis, MFT
dfdf@charter.net

The Central Coast Chapter is happy to announce that we are starting the New Year in a good place, thanks to the hard work of our dynamic and efficient immediate Past President, Dana Francis. For 2014, Anne Harris will be the President and Allison Locke will be our President-Elect. Allison demonstrated her enthusiasm by attending the Executive Board Meeting this month with the president. Jenni Basch will remain as our secretary, effectively utilizing her experience from last year and continuing to be part of our supportive, creative team.

Workshops are scheduled for March 8, 1.5 CEU's, free to attend; May 17, 1.5 CEU's, free to attend; July 26, 6 CEU's, pay to attend; and October 25, 1.5 CEU's, free to attend

Anne C. Harris,
Central Coast Chapter, CALAPT

Central Valley Chapter Leadership and Update:

(The Central Valley Chapter includes the areas of San Joaquin County and Modesto)

President

Lisa Huerta
Mslisa87@hotmail.com

President-Elect

Valente Orozco, LCSW
vorozco@cloviscounseling.com

Secretary

Elisabeth Contreras, MFT-Intern
Contreras81@gmail.com

The Central Valley Chapter of CalAPT is official!! Last year concluded with a series of meet-and-greets that gave Play Therapy enthusiasts an opportunity to network and discuss our local Play Therapy community. In 2014, we are very excited to begin offering trainings and events in the Central Valley and look forward to increasing Play Therapy awareness in our local areas. Our officers recently attended the first CalAPT board meeting and had a great time working with chapter officers from around the state. We look forward to a great year and all the chapter events to come. If you have any questions or comments, please contact us at centralvalleycalapt@gmail.com.

~Central Valley Chapter Officers

Los Angeles Chapter Leadership and Update:

(The Los Angeles Chapter includes the areas of Los Angeles, Ventura, & the San Fernando Valley)

President

Deisy Rangel, LCSW
deisyangel@gmail.com

President-Elect

Karla Gonzales, LMFT
kgpenaflorLMFT@gmail.com

Secretary

Gloria Osborne, MSW
gloriabosborne@gmail.com

Immediate Past President

Monica Fyfe, MFT, BCBA
monicafyfe@hotmail.com

The LA Chapter wants to thank former president, Monica Fyfe, for all her wonderful work during her presidency. We would like to welcome new committee members Karla Gonzalez, LMFT, as our President-Elect and Gloria Osborne, MSW, as our secretary. We are pleased to be able to provide exciting trainings for the 2014 calendar year and look forward to connecting with the play therapy community.

Deisy Rangel, LCSW
-President LA chapter of CALAPT

Orange County Chapter Leadership and Update:

(The Orange County Chapter includes all geographic regions of Orange County)

President

Lisa Klipfel, LMFT
lisa@lisaklipfelmft.com

President-Elect

Malaika Clelland, LCSW
malaikaclelland@gmail.com

Secretary

Cristina Minchala, LMFT
cminchala@gmail.com

Immediate Past President

Robin Christopherson, MFT-Intern
robinmft@yahoo.com

We are excited to announce our 6 CEU training on The Sandplay Journey presented by Dr. Rie Rogers Mitchell, President of the International Society of Sandplay Therapy. This intermediate sand training will be held on January 25, 2014 at Argosy University in Orange. We hope to see you there!

We want to thank Robin Christopherson for all of her hard work over the last two years as President of the OC Chapter. Her dedication will continue as she takes a position on the executive board of CALAPT as Member At Large in charge of the CALAPT website. We welcome Malaika Clelland, LCSW as our 2014 President-Elect and Cristina Minchala, LMFT as our secretary. We are going to have a fantastic year!

We look forward to connecting with you this year.

-Lisa Klipfel, MFT
President OC Chapter of CALAPT

Riverside Chapter Leadership and Update:

(The Riverside Chapter includes all geographic areas of Riverside County)

President

Vacant

President-Elect

Vacant

Secretary

Vacant

Immediate Past President

Kimberly Bartlett, LCSW, RPT

We are still looking for volunteers to be on the chapter leadership team. Please consider using your wonderful leadership skills to keep Riverside Chapter thriving. Please contact Chapter Immediate Past President Kimberly Bartlett at play_therapist@verizon.net.

Sacramento Chapter Leadership and Update:

(The Sacramento Chapter includes Sacramento and outlying areas including Elk Grove, Folsom, El Dorado Hills, Roseville and Auburn and Davis, Yolo County.)

President

Sidonie Smith-Dustman, LMFT
sasdustman@yahoo.com

President-Elect

Rita McCampbell
ritamccampbell@gmail.com

Secretary

Jennifer Tutt, LCSW
jentutt@sbcglobal.net

Immediate Past President

Shelli Rose, LMFT
sbwrose@gmail.com

Hello fellow play therapists.

It is with great pride that the Sacramento Chapter of CALAPT is bringing Dr. Beth Limberg to our 1.5 workshop on February 1, 2014. Dr.Limberg will be presenting on "Where in the World is Play? A Multicultural Approach to Play Therapy" at Alliant University on West El Camino in Sacramento. We have several workshops coming up throughout the year that we welcome you to attend.

We would like to thank our past presidents, Shelli Rose, Lyla Tyler and Ann Burke for their on-going support, thoughtfulness and guidance; as well as Eliana Gil whom presented at our successful 6.0 workshop in September 2013. We welcome our new officers, Jennifer Tutt (secretary) and Rita McCambell (president-elect). We are hopeful to gain new members as we progress throughout the year.

Please come and join us for our workshop this February and others to come. CALAPT is proud of the work and energy that you provide to help children and families heal and be successful.

Gratefully,

Sidonie Smith-Dustman, MA, LMFT, IPMHS
Sacramento CALAPT Chapter President

San Bernardino Chapter Leadership and Update:

(The San Bernardino Chapter includes all geographic areas of San Bernardino County)

President

Gladys Dorantes Corado
gladgeorgia@gmail.com

President-Elect

Brianna Belcher
tenacious_breezy@yahoo.com

Secretary

Marissa Soria
Mgsoria79@yahoo.com

Immediate Past President

Roxana Guadalquivir
rguadaluquivir@hotmail.com

The San Bernardino Chapter has had an exciting 2013 and looking forward to an awesome 2014! We would like to take a moment to thank an amazing group of hardworking individuals that led to our chapter's success: Roxana Guadalquivir who served as president last year and Ashley Rotter our secretary. It was their hard work that led to our successful yet fun year! We welcome our 2014 officers to our team; Bri Belcher as our President Elect, and Marissa Soria as secretary.

The chapter had a wonderful 1.5 workshop on Saturday, September 14, 2013 on Using Angry Birds in Your Play Therapy Practice presented by Stacey Merrell and Amy Graves. We are excited for our full day workshop on April 5, 2014 on the topic of Divorce that will be presented by Dr. Lisa Shadburn. We hope to see you there!

Thanks again to Argosy University in Ontario for their continued support and hosting of our chapter events!

~ Gladys Dorantes Corado, LMFT, 2014 San Bernardino Chapter President

San Francisco Bay Area Chapter Leadership and Update:

(The San Francisco Chapter includes all geographic areas of San Francisco Bay)

President

Jeannette Harroun, LMFT
Jeannettehar1@aol.com

President-Elect

Vacant

Secretary

Tiffany Williams, LCSW
Tiffany_crystal17@yahoo.com

Immediate Past President

Susan Brumm, LPCC
sbrumml1@gmail.com

The San Francisco Bay chapter has had a play-filled, busy year, and we look forward to another great year in 2014 with new officers Jeannette Harroun as our President and Tiffany Williams as Secretary.

Our final two chapter events for 2013 were a 1.5 presentation on Sensory Motor Considerations in Play Therapy in September and a 1.5 presentation on Using Drama in Play Therapy in November. Both presentations were fun and informative.

San Francisco Bay Area Chapter (Continued):

For 2014, the coming attractions are:

Jan 17 -- Mary Ruth Cross presenting on Working with Parents in Play Therapy (1.5)

June 28 -- Katrinca Ford presenting on Child Development and Play Therapy (6.0)

Sept 19 -- to be announced (1.5)

Nov 21 -- John McGinnis presenting (1.5)

So, mark your calendars! We looking forward to playing and learning with you.

-Jeannette Harroun, M.A., MFT 2014 Chapter President

2014 CalAPT Leadership Team!



We Are Looking For You

Do you enjoy reviewing documents. Do have a critical eye and consider yourself a good editor. Would you like to play a part in providing quality, effective and interesting training to the state of California.

If the answer is YES to any of these questions, you may be perfect to be our BBS Oversight for the Northern California Chapters. This position is part of the Board of Directors of CalAPT and gives you the benefit of attending the full day trainings from each chapter for free.

If you are interested and would like more information please contact Aseye Allah, LCSW, RPT at arkaa3@yahoo.com or at (949)294-7886.

Thank you,
Aseye Allah, LCSW, RPT



Share how you are celebrating National Play Therapy Week!

Send photos of: you and your coworkers engaging in play therapy, your play room or a selfie with 'Dude.' Photos will be shared in future editions of CALAPT Today and/or on the CalAPT website.

Send photos to: robinmft@yahoo.com

2014 California Association for Play Therapy Board of Directors

Executive Board

President

Aseye Allah, LCSW, RPT
email: arkaa3@yahoo.com

President-Elect

Susan Kelsey, LMFT, RPT-S
Email: susankelseymft@gmail.com

Immediate Past-President

Mary Ruth Cross, MFT, NCC, RPT-S
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Treasurer

Patricia Temple, MFT
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Secretary

Miranda Gabriel, Psy.D.
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Member-at-Large A / Web Administrator

Robin Christopherson, MFT-Intern
Email: robinmft@yahoo.com

Members-at-Large

Member-at-Large B / Southern California BBS Oversight

Christy Livingston, LMFT
Email: Christy.livingston@yahoo.com

Member-at-Large C / Conference Chair South

Reena Patel, MA; PsyD. Student
Email: calapsocalrptccordinator@gmail.com

Member-at-Large D / Northern California BBS Oversight

VACANT

Member-at-Large E / Conference Chair North

Debbie Lignell, LMFT
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Member-At-Large F / Outreach and Development

Jodi Smith, LCSW, RPT-S
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MAL G/ APA Oversight

Elizabeth Schreiber, Psy. D
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CALAPT LEADERSHIP OPPORTUNITIES!

Interested in networking, expanding your resume and attending FREE play therapy trainings? If so, then CALAPT leadership may be for you!

Benefits of service as a CALAPT officer include:

- Free attendance at all CALAPT Chapter Workshops throughout the state
- Free continuing education credits specific to play therapy for the BBS, APA, and APT
- Leadership experience to add to your resume
- Opportunities to network & strengthen your professional career while serving the play therapy community

Leadership opportunities are available at the local chapter level as well as the executive board level. Contact President Aseye Allah at arkaa3@yahoo.com for more information.

Special Announcements

Regional Conferences:

CalAPT host two regional conferences every year. One in Northern California and the other in Southern California. This year the Northern California Conference will be on March 22, 2014 at University of Phoenix, Livermore Campus. The Southern California Conference will be April 25 and 26, 2014 at Argosy University in Orange California. We continue to search for presenters to provide trainings at both conferences. If you are interested in presenting and completing a proposal please contact Aseye Allah, LCSW, RPT at arkaa3@yahoo.com or at (949)294-7886

Advertisements



**OFFICE SPACE
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Charming and cozy downtown Livermore cottage with quiet and companionable psychotherapists; convenient without being sterile. Three single room "offices," sizes vary slightly; waiting room with toys. Available January 1, 2014. Seeking congenial and collegial individuals to share this building. Space available for building sign. Rent includes PG&E, cleaning service, lawn and parking lot service. Property owner and manager live in town. Call Lynne at 925-449-7896 to come and take a look.



Do you see a need for increased representation and trainings closer to home in your area? To start a chapter in your area or to find out about chapters in the process of forming please contact: Aseye Allah at arkaa3@yahoo.com

Credentialing Corner

We encourage all play therapists and CALAPT members to seek formal credentialing with the Association for Play Therapy. For more information, go to www.a4pt.org or Contact Carol Guerrero, (559) 252-2278 x 1

Being an **APT** member means you are also a **CALAPT** member. Take advantage of all your dual membership has to offer! Check out the websites: www.calplaytherapy.org and www.a4pt.org

For upcoming CALAPT events visit our website at www.calplaytherapy.org
Schedule subject to change

DISCLAIMER: The aim of the CALAPT Newsletter is to provide a forum for discussion of a wide range of articles representing various theoretical models, treatment approaches, concerns and activities in play therapy. Inclusion of a specific article does not reflect CALAPT official position or endorsement unless otherwise stated. The data and statements herein are the sole responsibility of the authors concerned.



California Association for Play Therapy Newsletter Ad Order Form



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Newsletter: January April June August October

Text Ad: FREE 30 Word Text Ad (CALAPT member) 30 Word Text Ad (non-member) \$20

Additional Words at 25 cents each

Display Ad: \$50 per 1/8 page 4 inches wide x 3 inches tall

\$65 per 1/4 page 4 inches wide x 5 inches tall

\$115 per 1/2 page 8 inches wide x 5 inches tall

\$165 per full page 8 inches wide x 7 inches tall

- The CALAPT newsletter is a web publication that is distributed 5 times per year - the first of January, April, June, August, and October.
- Deadlines for newsletter submissions are 60 days prior to these dates.
- For best results, please submit ads created in graphics programs and saved as JPG or PDF files. Ads in other formats may be submitted, however please be aware they may not convert legibly to a web layout.
- Text ads may be submitted in either a Word document or within the body of an email.
- Minimum font size is 12pt bold.
- Please submit ads to CALAPT President Aseye Allah at arkaa3@yahoo.com. You will receive a confirmation that your ad was received.
- Following receipt of your confirmation, please complete this form on the computer, print, and mail to the CALAPT Treasurer along with payment to the address below.

Total Enclosed: \$ Today's Date:

Check/Money Order for \$ payable to CALAPT enclosed

Signature: _____

Mail completed form with payment to:

Patricia Temple
CALAPT Treasurer
1550 Harbor Blvd, Suite 210
W. Sacramento, CA 95691