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Please visit our CALAPT website at www.calplaytherapy.org
It is value packed with resources and information about play therapy trainings throughout CA!
President’s Message

Mary Ruth Cross, MS, MFT, NCC, RPT-S

HAPPY NEW YEAR CALAPT!!!

Hello Play Therapists,

I would like to pass on a quote I read recently that captures for me the importance of what we do as play therapists. “Play is the highest expression of human development in childhood, for it alone is the free expression of what is in a child’s soul.” – Friedrich Froebel (founder of the concept of kindergarten). I believe that the work we do makes phenomenal changes in the lives of the children and families that come to our treatment rooms. I am delighted that you are a part of this incredible work. As I start my second term as President I look forward to the exciting year we are going to have.

First I would like to say a hearty thank you and good-bye to the Board members that have completed their term of office; Annette Markowitz, Immediate Past President, Katie Glickman, Secretary and Myrysha Rose, BBS Oversight MAL. Thank you Myrysha for doing two terms of office. Thank you for your hard work and dedication to CALAPT and the play therapy community at large.

As we say good-bye we must also welcome the current Board of Directors!

Meet your 2013 Board of Directors:

Mary Ruth Cross, President (San Francisco Bay Area Chapter)
Aseye Allah, President Elect (Los Angeles Chapter)
Miranda Gabriel, Secretary (San Francisco Bay Area Chapter)
Colleen Sebastian, Treasurer (Central Coast Chapter)
John McGinnis, MAL A Web Administration (San Francisco Bay Area Chapter)
Nubia Echavarria, MAL B BBS Oversight for Southern CA (Orange County Chapter)
Reena Patel, MAL C Conference Chair South (Orange County Chapter)
Karen Pernet, MAL E Conference Chair North (San Francisco Bay Area Chapter)
Christy Livingston, MAL F Outreach and Development (San Bernardino Chapter)
Jacqueline Golding, MAL G APA Oversight (San Francisco Bay Area Chapter)
We have a strong and dynamic leadership team that is here to serve you and the play therapy community. Please don’t hesitate to contact any of the board members with questions or ideas.

2013 looks to be our best year ever. Please take a few moments to look over the newsletter for all the latest information and ideas. Thank you for being a part of the play therapy community and CALAPT.

Warm Regards,

Mary Ruth Cross, MS, MFT, NCC, RPT-S
President
SPECIAL ANNOUNCEMENTS

CALAPT Wants YOU!

We are always looking for members who are interested in being a part of the CALAPT leadership team. Something to ask your self is “Am I a ‘joiner’ or a ‘subscriber’?”

Joiner: is a member who wants to BOTH get involved (e.g. serve on a board or committee) AND enjoy the benefits of membership (e.g. utilize publications, programs, fee discounts, etc.) Subscriber: is a member who ONLY wants to enjoy the benefits of memberships (e.g. utilize publications, programs, fee discounts, etc.)

CALAPT is looking for JOINERS who want to be involved in CALAPT Leadership. The Board is thriving with a vibrant leadership team this year and we want to keep this positive momentum going. Please consider being a part of CALAPT by being involved with your chapter or possibly by participating on the Board of Directors. Please contact Mary Ruth Cross at maryruthcross@comcast.net for leadership opportunities, job descriptions and time commitments.

Don’t miss out on some of our upcoming events. The CALAPT website has information on upcoming trainings in your area, simply go to www.calplaytherapy.org.

Regional Conferences: CALAPT holds two regional conferences each year.

The Northern California Regional Play Therapy Conference is going to be March 1 at University of Phoenix, Livermore Campus 2481 Constitution Drive, Livermore. Karen Pernet, LCSW, RPT-S is the Conference Chair, kepernet@yahoo.com. Four unique and timely play therapy workshops will be offered to choose from.

The Southern California Regional Play Therapy Conference is going to be May 3 and 4 at Argosy University, 601 South Lewis Street, Orange. The Conference Chair is Reena Patel, reenacpatel@gmail.com. There will be 8 spectacular workshops to choose from over two days. Please contact the conference chair in your area if you would like volunteer to help with either conference. Look for further details on our CALAPT website in the weeks to come.

Annual International Play Therapy Conference: This year the APT Conference will be held at Westin Mission Hills Resorts & Spa, Rancho Mirage, and October 8-13. Members can register for the conference at a significantly reduced rate. Please be sure you renew y our membership to take advantage of the many benefits of membership throughout the year. Invite a friend to join you in being a member of APT. APT is an international organization that promotes play therapy and all students, interns and mental health professionals are welcome to be members.
**Membership Challenge:**  APT is having its annual membership challenge. CALAPT is a Gold Branch. We are one of the top performers in APT. In order to continue to have Gold Branch status we must meet a list of criteria set by APT. One of the most important criteria to meet is that of increasing membership. We are running a little behind in this category and we need your help.

Please be sure to renew your membership this year and encourage your colleagues to join this fun and dynamic group. CALAPT needs everyone working together to meet this goal. Sponsor new members and earn APT Bucks year-around - then redeem them to reduce your APT member dues and various program fees.

Between January and June, however, if you earn the most APT Bucks, we'll convert them into cash (e.g. earn 150 APT Bucks + $150 cash!). Plus if your branch is one of the three that increases its number of Professional members by the highest percentage, it will enjoy a food and beverage credit at our 2013 Conference headquarters hotel.
Roles Therapists Play

Post Disaster Engagement and Empowerment of Survivors
By Claudio Mochi M.A. RP, RPT-S and Rise Van Fleet PhD, LS and RPT-S

CLINICAL EDITOR: This article provides play therapists with practical and thoughtful ways to help at the post-disaster site.

Wherever and whenever they occur, disasters bring out the desire to help. Play therapists have assisted at many disasters throughout the world, as well as at countless traumatic events at the local level. Some ways of helping are more effective than others in harnessing the power of play to empowering children, families, and communities.

Considerable information is available for play therapists who wish to assist survivors (see Boyd-Webb, Garbarino, Gil, Kaduson, Shelby). This article emphasizes practical ways play therapists can help, including the most appropriate roles when on the post-disaster site for a relatively short period of time (weeks rather than months). Suggestions here are based on information from survivors and needs assessment analyses (e.g., Mochi, 2006, 2009; VanFleet & Sniscak, 2003) as well as the combined experiences of the authors in post-disaster situations throughout the world.

While play therapists understand the value of play-based approaches for traumatized children, it can be potentially damaging to intervene without proper engagement of the survivor community. Families are more likely to have more fundamental needs that must first be met, and possible re-traumatization must be prevented. This article outlines ways to work in a post-disaster environment in order to achieve the best long-term outcomes for children and families.

Disaster Survivors: What to Expect

There is, of course, tremendous variability in the ways people respond to disaster, and reactions vary as time passes. In the days immediately after a disaster; many survivors are preoccupied with their own losses, uncertainties, and worries. They can be reserved and uncommunicative as they concentrate on their own needs. This is a normal response, and at this point survivors often do not have the energy to venture out to programs that have been established. Play therapists' main objective at this point should simply be to make contact. This is accomplished by asking about and helping survivors acquire their basic needs (such as blankets, water, or clothing) and assisting with challenging tasks (such as accompanying them as they identify deceased loved ones). Empathy is critical. The relationships formed during this time lay the foundation for more effective intervention later.
In subsequent weeks, some survivors shut down or become emotionally reactive. A sense of helplessness and hopelessness can arise. Others show their resilience and seem ready for relationship with helping professionals. Although most remain in great need of practical things, they often are more approachable after the initial influx of external rescuers, helpers, and media has dissipated.

After this period, play therapy professionals can perform more systematic needs assessments, holding discussions with small groups of survivors to ascertain their desires. Basic survival and daily living needs take precedence over psychosocial interventions (a la Maslow).

**Considerations for Play Therapists Helping Disaster Survivors**

Despite their desire to help, many professionals fall short of their good intentions because they do not fully understand the pre-disaster culture of the community or the impact of the disaster from the survivors’ viewpoints. Some considerations are listed here to help play therapists maximize their ability to help.

Knowledge of play therapy and trauma is important. Disasters occur unexpectedly with little time for helpers to acquire needed knowledge and skills, so advance training is useful. Play Therapist Helpers (PT-Hs) need a solid understanding of nondirective, directive, family, group, and community play therapy, as well as thorough preparation in the impact and treatment of trauma in children and families.

Children are embedded in the context of family and community. Play therapists who assist at disasters must consider ways to assist families, schools, and the community-at-large in order to ensure that children receive the best care.

Continuity is essential. Unless they are local, many post-disaster PT-Hs are on site for a limited period of time. Traditional play therapy is not possible or appropriate when therapists leave within a few weeks. No matter how well done, play interventions that end abruptly after a brief period run the risk of raising abandonment issues. To avoid this, PT-Hs need to link with community resources, such as local therapists, teachers, athletic coaches, and others who work with children. Play-based interventions need to be coordinated from the beginning with those who will continue them after the PT-Hs have gone.

Interventions start with the needs of the survivors. It is tempting to assume that as mental health professionals we know is needed in post-disaster situations. Because every disaster and every survivor is unique, this assumption must be avoided. It is best to ask survivors about their needs and to start at that point to help survivors achieve them. Genuine empathy and excellent listening skills are vital!

Remember that many survivors were high-functioning members of society prior to the disaster. They have abilities that can be tapped for creating interventions, programs, and securing materials.

Survivors know the local culture and can be valuable in identifying and addressing the needs of the community more readily. This is another reason to engage and empower them from the start.

Not all survivors are traumatized. Not everyone responds to trauma the same, and PT-Hs should avoid jumping to conclusions about their levels of impairment. Some survivors are remarkably resilient and stand ready as resources.
Too much caretaking can exacerbate rather than relieve feelings of helplessness. Survivors often feel helpless and hopeless. Helpers who offer too much caretaking unintentionally reinforce these self-perceptions by the unspoken message, "You can't do this yourself; let me do it for you." Engaging survivors in activities to overcome their own difficulties is much more helpful in the long run.

**Engaging Parents:**

Real-time on-site needs assessments (Mochi, 2006; 2009) reveal that parents have considerable concern for their children's emotional well-being. Perhaps the best way to serve children post-disaster is to engage their parents first. Parents rightfully serve as the "gatekeepers" for their children, sheltering them from the confusing aftermath, including huge numbers of media, rescuers, and helpers who arrive at the site, all of which can be disorienting and intrusive.

Parents are much more likely to engage with PT-Hs in the context of a relationship, which is best formed when PT-Hs initially assist with the most urgent and practical needs. Any rush to discuss intimate feelings without benefit of relationship is likely to meet with resistance and can have deleterious effects.

When PT-Hs use empathy to understand parents' concerns, parents are likely to raise questions about their children spontaneously. Parental engagement arises initially from conversations, not interviews. This context easily allows PT-Hs to provide trauma education, support, and guidance about play and other interventions for children.

**Engaging Survivors:**

In any community of survivors are potential helpers. These Survivor-Helpers (S-Hs) may be teachers, parents, community or religious leaders, sports coaches, paraprofessionals, and others dedicated to the welfare of children. Play Therapist-Helpers can reach a much larger number of children, for a longer period of time, and with greater sensitivity and relevance if they engage S-Hs in the process from the start. Not only do the S-Hs fare better themselves by getting involved, they offer insight, labor, and ideas for helping children and rebuilding the community.

Survivor-Helpers can be identified during needs-assessment meetings and informal conversations with community members. Their engagement is easy: just ask! They can help with planning and implementing many play-based interventions.

**Engaging Children:**

Children can be engaged through PT-Hs' relationships with their parents and through community-based play activities. Reticent children can be encouraged to participate if the helpers are friendly, playful, and a little silly. This demeanor models that it is okay to laugh and have some fun despite everyone’s distress.

Sports games or group play interventions can be used during the initial stages. Properly conducted nondirective play interventions can follow, especially because they offer anxiety reduction, coping, and trauma mastery at the child's pace, which is important for emotional safety. If children naturally use the nondirective approach to begin their post-disaster work, as many do, it can be continued in conjunction with the S-Hs, perhaps supervised by the PT-Hs. This can be augmented by other directive play interventions for specific coping and psychosocial goals.
Case Example:

Franco, 6, and Guiseppe, 10, lost their home during the April 2009 Abruzzo earthquake in Italy. They and their parents were relocated to a tent shared with 19 others. Their parents reported that Franco was encopretic and Guiseppe was quieter than usual with angry outbursts. The PT-H (Mochi) had talked with and assisted their parents with supplies several times in the days immediately after the earthquake. As their trust grew, the parents shared their concerns about the boys, allowing the opportunity to intervene.

Franco seemed uneasy and reluctant to play with the toys laid out in a makeshift playroom, so the PT-H behaved a bit silly, imitating some of his tentative explorations of the puppets. Franco smiled and relaxed. The PT-H was then able to shift to child-centered play therapy. Franco initially used miniature wrestlers to "kill" the PT-H's wrestler figure. Later he added helpers who rescued the injured wrestler. The next day, Franco played similarly, but involved rescuers much more. After this, Franco had a bowel movement and soon there after joined some of the children’s group activities.

Guiseppe was cautious, staring silently at the PT-H, waiting. The PT-H suggested a directive play intervention based on frequently seen play behaviors in post-disaster situations. Guiseppe threw a ball at a miniature village while saying things he hated. The PT-H did so, too, and together they destroyed and rebuilt the tiny village several times. Guiseppe was increasingly engaged and energized, eventually releasing the anger he had locked inside. In subsequent sessions Guiseppe often repeated this game. He soon seemed more "himself" and joined his best friend in some of the ongoing group activities designed for child survivors.

Beyond the Initial Interventions:

Many PT-Hs have limited time to volunteer at disaster sites. Much of their work, therefore, needs to focus on coordinating their efforts with parents and local professionals so that play-based interventions are done in the context of the children’s ongoing relationships. As time passes, other roles are available for play therapists, such as training and supervision of local therapists and professionals to conduct play therapy in its many forms. The impact of disasters remains long after many of the external helpers are gone. The best contributions leave something behind, such as locally run psychosocial programs and well-trained and supervised local helpers and therapists.

References


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Chapter Leadership and Updates

Central Coast Chapter Leadership and Update:
(The Central Coast Chapter includes the areas of San Luis Obispo and Santa Barbara)

President
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dfdfl@charters.net

President-Elect
Anne C. Harris, MFT
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Secretary
Jenni Basch, MFT-I
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Immediate Past President
Cheri Love
lovinslo@yahoo.com

Dana Francis, President, Central Coast Chapter CALAPT

The Central Coast Chapter has lunch with the Dude!

The Central Coast Chapter had brunch with the Dude and welcomed in new officers for 2013. Cheri Love will be our Immediate Past President, Dana Francis will return, as President and Kayla Monsoon will pass the secretarial baton to Jenni Basch. Anne Harris will bring her enthusiasm to the role of President Elect.

We anticipate continuing to thrive and grow our chapter. To celebrate the New Year we are hosting Playroom Tours on Saturday February 2, 2013 from Noon to 3:00 PM. Returning members and potential new members will have the chance to tour chapter officers’ playrooms and be entered into a drawing if they complete the tour. This will be great opportunity for potential new members to join CALAPT and receive a $20 rebate off future trainings throughout California.

Whether you are a local to the Central Coast or traveling through plan to join our playful trainings and meetings Feb 2, April 27, July 27 and October 5, 2013.
Central Valley Chapter Leadership and Update:
(The Central Valley Chapter includes the areas of San Joaquin County and Modesto)

The Central Valley Chapter is currently without leadership and we need your help. We are looking for members who are interested in joining the leadership team and promoting play therapy around the Central Valley! If you are interested in leadership opportunities, please contact CALAPT's President, maryruthcross@comcast.net.

Los Angeles Chapter Leadership and Update:
(The Los Angeles Chapter includes the areas of Los Angeles, Ventura, & the San Fernando Valley)

Monica Fyfe, MFT, President, Los Angeles Chapter CALAPT

President
Monica Fyfe, MFT
monicafyfe@hotmail.com

President-Elect
Deisy Rengel

Secretary
Jeanette Sanchez, MSW
jsanchez.msw@gmail.com

Immediate Past President
Laia Vincens-Fuste, ASW, MSW
laiavincensfuste@hotmail.com

Happy New Year! The LA Chapter of CALAPT is happy to welcome Deisy Rangel to the LA Chapter Officers. Deisy will serve as President-Elect for the 2013 year. We are also looking forward to our first 1.5 CEU of the year, on Saturday March 23rd, 2013! Our first presenter will be Quint Paige, MFT, RPT-S, who will present on "Setting Appropriate Limits in Play Therapy." We hope to see you there!
Orange County Chapter Leadership and Update:
(The Orange County Chapter includes all geographic regions of Orange County)

Robin Christopherson, MA, President Orange County Chapter CALAPT

President
Robin Christopherson, MA
robinmft@yahoo.com

President-Elect
Lisa Klipfel
lisa@lisaklipfelmft.com

Secretary
Jenny Gallagher
jenny.a.gallagher@gmail.com

Immediate Past President
Whitney Sturdy
whitneysturdy@gmail.com

As the new year begins, we would like to introduce the Orange County Chapter leadership team. Robin Christopherson served as 2012 President-Elect and will continue on this year as President. We would like to welcome new officers Lisa Klipfel as President-Elect and Jennifer Gallagher as Secretary. We look forward to providing interesting and exciting workshops to the Orange County play therapy community in 2013!

Our chapter continues to grow and attendance at workshops is increasing. We had a wonderful turnout for our full day workshop held on January 26, 2013 at Argosy University-Orange campus. A special thanks to Kathryn deBruin, LMFT, RPT-S who presented our first training of the year: "Child Parent Relationship Therapy-CPRT (Filial Therapy)." Kathryn presented the principles and goals of CPRT along with appropriate interventions to be utilized in filial therapy. It was an informative and fun day!

The OC Chapter would like to thank our outgoing officers for helping to make 2012 a success! Outgoing Chapter Secretary, Danielle Haener, served two years as Chapter Secretary. We thank Danielle for her energy, commitment and invaluable organizational skills. We thank Whitney Sturdy, outgoing Chapter President, for her input and assistance.

We are looking for members who are interested in joining the leadership team and promoting play therapy. If you are interested in information about upcoming workshops or leadership opportunities please contact Chapter President Robin Christopherson at robinmft@yahoo.com

-Robin Christopherson, 2013 Orange County Chapter President
Riverside Chapter Leadership and Update:
(The Riverside Chapter includes all geographic areas of Riverside County)

President
Vacant

Secretary
Vacant

President-Elect
Vacant

Immediate Past President
Kimberly Bartlett, LCSW, RPT

We have completed all of the chapter meetings for the year, outreach, meet and greet meeting. We are still looking for volunteers to be on the chapter leadership team. Please consider using your wonderful leadership skills to keep Riverside Chapter thriving. Please contact Chapter Immediate Past President Kimberly Bartlett at play_therapist@verizon.net.

Sacramento Chapter Leadership and Update:
(The Sacramento Chapter includes Sacramento and outlying areas including Elk Grove, Folsom, El Dorado Hills, Roseville and Auburn and Davis, Yolo, County.)

President
Shelli Rose, LMFT
sbwrose@gmail.com

Secretary
Rita Campbell, Psy. D., MFT Intern
ritamccampbell@gmail.com

President-Elect
Sidonie Smith-Dustman, MFT
sasdustman@yahoo.com

Immediate Past President
Ann J. Burke, LMFT, RPT
ann_burke@mindspring.com

The Sacramento Chapter of CALAPT is looking forward to an eventful year filled with fun, creative workshops and a growing membership.

As the Chapter President for 2013, it was great to begin the year participating in the Annual CALAPT Board Meeting. I was joined by our new President-Elect Sidonie Smith-Dustman, who has served as our chapter Secretary since the chapter's inception. Sidonie passed the reigns on to our fantastic new Secretary, Rita Aery, who also joined us at the board meeting.

On Feb. 2, 2013 we're excited to host Lisa Mitchell, LMFT, ATR, as she presents "Partner With Your Creativity and Make Every Play Therapy Session a Masterful Work of Art." In this workshop, participants will explore more about the use and role of creativity in play therapy, learning about the five stages of creativity. Through experiential art activities, they will explore the ways in which these stages apply to the therapeutic process, and how they can integrate the creative process into their play therapy practice with clients.

For additional information on the Sacramento Chapter, please contact Chapter President, Shelli Rose at sbwrose@gmail.com
San Bernardino Chapter Leadership and Update:
(The San Bernardino Chapter includes all geographic areas of San Bernardino County)

President
Roxana Guadalquivir
rguadaquivir@hotmail.com

Secretary
Ashley Rotter

President-Elect
Gladys Dorantes

Immediate Past President
Angela Talbot
Angelatalbot22@gmail.com

Roxana Guadalquivir, President, San Bernardino Chapter CALAPT

The San Bernardino Chapter has had an amazing 2012 and looking forward to an outstanding 2013. I would like to take a moment to thank an exceptional group of hardworking individuals that led to our chapter’s success: Roxana Guadalquivir our President Elect, and Diane Gell our Secretary. They have been wonderful advocates for the San Bernardino play therapy community!

I would like to welcome our 2013 officers to the team. Roxana Guadalquivir will advance to the President officer position, Gladys Dorantes will be President Elect, and Ashley Rotter will be our secretary.

The chapter had an exciting 1.5 workshop on Saturday, January 26th on Creating Superhero Themes in your Play Therapy Practice led by presenters Stacey Merrell and Amy Graves. We also look forward to a full day workshop with presenter Jodi Smith, LCSW, RPT-S on Saturday, April 20th.

Finally, it has been my pleasure working with CALAPT to bring more training and play therapy to the community. I am thankful for all this organization does for the communities in need that we serve.

~ Angela Talbot, 2012 San Bernardino Chapter Immediate Past President
San Francisco Bay Area Chapter Leadership and Update:
(The San Francisco Chapter includes all geographic areas of San Francisco Bay)

Susan Brumm MA, LPCC, President, San Francisco Bay Area Chapter CALAPT

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Susan Brumm MA, LPCC
Sbrumm11@gmail.com

President Elect
Jeannette Harroun, MFT
jeannettehar1@aol.com

Secretary
John McGinnis, MA, MFT
johnherenow@gmail.com

Immediate Past President
Laura Wittenberg, MFT
laura.wittenberg.mft@gmail.com

The San Francisco Bay Area chapter is excited about 2013! We have a great leadership team in place: Susan Brumm as President, Jeannette Harroun as President-Elect, John McGinnis as Secretary, Laura Wittenberg as Immediate Past President and Karen Pernet and Jennifer Wentz as experienced consultants.

In the first half of the year, we have some great upcoming events in our area: a free 1.5 CE Workshop on Jan 18, the NorCal Regional Conference on Mar 1, a chapter meeting on May 17, and a 6.0 CE Workshop on Sandtray on June 28.

Come join us for play, learning and helpful relationships!
2013 California Association for Play Therapy Board of Directors

**Executive Board**
President
Mary Ruth Cross, LMFT, RPT-S
maryruthcross@comcast.net

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Immediate Past-President
Vacant

Treasurer
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For upcoming CALAPT events visit our website at www.calplaytherapy.org
Schedule subject to change
CALAPT LEADERSHIP OPPORTUNITIES!

Interested in networking, expanding your resume and attending FREE play therapy trainings? If so, then CALAPT leadership may be for you!

Benefits of service as a CALAPT officer include:

• Free attendance at all CALAPT Chapter Workshops throughout the state
• Free continuing education credits specific to play therapy for the BBS, APA, and APT
• Leadership experience to add to your resume
• Opportunities to network & strengthen your professional career while serving the play therapy community

Leadership opportunities are available at the local chapter level as well as the executive board level. Contact President-Elect Aseye Allah at arkaa3@yahoo.com for more information.
### Newsletter Ad Order Form

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- $115 per 1/2 page 8 inches wide x 5 inches tall  
- $165 per full page 8 inches wide x 7 inches tall

- The CALAPT newsletter is a web publication that is distributed 5 times per year - the first of January, April, June, August, and October.
- Deadlines for newsletter submissions are 60 days prior to these dates.
- For best results, please submit ads created in graphics programs and saved as JPG or PDF files. Ads in other formats may be submitted, however please be aware they may not convert legibly to a web layout.
- Text ads may be submitted in either a Word document or within the body of an email.
- Minimum font size is 12pt bold.
- Please submit ads to CALAPT President Mary Ruth Cross at maryruthcross@comcast.net. You will receive a confirmation that your ad was received.
- Following receipt of your confirmation, please complete this form on the computer, print, and mail to the CALAPT Treasurer along with payment to the address below.

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Colleen Sebastian  
CALAPT Treasurer  
PO Box 597 Pismo Beach, CA 93448
We encourage all play therapists and CALAPT members to seek formal credentialing with the Association for Play Therapy. For More Information, go to www.a4pt.org or Contact Carol Guerrero, (559) 252-2278 x 1

DISCLAIMER: The aim of the CALAPT Newsletter is to provide a forum for discussion of a wide range of articles representing various theoretical models, treatment approaches, concerns and activities in play therapy. Inclusion of a specific article does not reflect CALAPT official position or endorsement unless otherwise stated. The data and statements herein are the sole responsibility of the authors concerned.