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Please visit our CALAPT website at www.calplaytherapy.org
It is value packed with resources and information about play therapy trainings throughout CA!
**President's Message:** Mary Ruth Cross, MS, MFT, NCC, RPT-S

The “Dog Days” of summer are fast approaching and CALAPT is here to see you through. We have had some wonderful trainings and lots of connecting to play therapy. So far this year we have had 2 regional conferences and numerous 1.5 CE chapter trainings and 6.0 workshops throughout the state. I hope you had a chance to participate in some of the playful things we’ve been doing. There’s still time to join in. Please be sure to check out what’s happening in the Chapter nearest you later in this newsletter. The Chapter Leadership Teams have been giving their all this year to make rich and rewarding opportunities for all of us.

**DID YOU KNOW?**

Did you know that we have a new chapter starting? Central Valley Chapter will officially begin their duties January 1st 2014 however if you are interested in being involved or have ideas to share please contact the Central Valley President, Lisa Huerta at 559-288-2932.

Did you know that CALAPT has a FACEBOOK page? That’s right CALAPT has a FACEBOOK page where we post information about upcoming trainings and events and you can see pictures from the two Regional Play Therapy Conferences. So, “LIKE” us on FACEBOOK and keep up to date on all that is happening.
NOMINATIONS

The CALAPT Board of Directors is looking for members that are interested in sharing their expertise, ideas and enthusiasm by becoming a member of the board. CALAPT is a service organization that serves the play therapy community throughout all of California and CALAPT needs your help.

• Are you someone who is a clear thinker and can manage a checkbook? The board is in need of a Board Treasurer who can begin a two-year term beginning in January of 2014. The Board Treasurer used QuickBooks. Training and support is provided.

• Are you someone who likes to be a leader and get people involved? Do you like adding your voice to important issues of the day? Are you someone who has leadership experience they want to share with the play therapy community? The Board is looking for a President Elect. This position leads into being the President of the Board of Directors and requires a 2-year commitment. Training and support is provided.

• Are you someone who wants to help but doesn’t want to be the one in charge of everything? Consider becoming a Member-At-Large to help the board with specific functions.

• Are you someone who likes to plan events and get people to come together? Then please consider becoming the Conference Chair for the Northern California Regional Play Therapy Conference. This is a two-year commitment. Training and support is provided.

• Are you someone who has a little bit time they would like share but you don’t want to be in a full leadership position? Please consider offering to serve on a committee. The Nominations Committee and the Outreach and Communications Committee are in need of member volunteers.

If you have questions please contact Mary Ruth Cross at maryruthcross@comcast.net or 925-600-4818.
UPCOMING 6.0 WORKSHOPS

Art Therapy in the Playroom: Experiential Avenues for Healing the Brain: With Distinguished Presenter Judith Stern, MA, LMFT will be presented by the Central Coast Chapter on August 31, 2013. Registration is now open. Please see our website for more information.

“Play Therapy for Trauma” with distinguished presenter Eliana Gil, Ph.D., will be presented by the Sacramento Chapter on September 14, 2013. Watch for the workshop flyer in your email for details.

DON’T MISS THE 30TH ANNUAL ASSOCIATION FOR PLAY THERAPY INTERNATIONAL CONFERENCE, OCTOBER 8-13 IN PALM SPRINGS!

APT’s annual conference is in beautiful Palm Springs at the Westin Mission Hills Resort. There is still time to register for workshops. Congratulations to Quint Paige, Kim Vander Dussen, Mythhili Jaganath and Yvonne Bentle, and Karen Pernet on being selected to present a workshop at the conference! Thank you for your participation in CALAPT. Together we make a world of difference.

Playfully yours,

Mary Ruth Cross, MS, MFT, NCC, RPT-S
CALAPT President
Book Review:

by Roxana Guadalquivir, MA, MFTI
CALAPT San Bernardino Chapter President 2013

How to Measure a Relationship – A Practical Approach to a Dyadic Intervention

by Barbara Stroud

This book, "How to Measure a Relationship" is targeted to clinicians working with the 0-5 population. It attempts to answer the question of how to document using dyadic approach while still addressing medical necessity. It reviews developmental tasks of infants and toddlers which are essential for their social emotional success and can be used to document medical necessity. It highlights and explains the tasks of childhood including but, not limited to:

1) Developing a strong secure bond
2) Learning to modulate external sensory input
3) Learning to manage internal affective states
4) Effectively communicate and get needs met
5) Effectively adapt to changing world.

This book does a beautiful job of illustrating how caregivers can directly influence infants and toddlers in achieving these tasks appropriately and reviews several skills that caregivers must have to achieve these tasks such as:

1) Proving a secure adult attachment relationship
2) Being consistent and nurturing
3) Responding in a sensitive manner
4) Providing narration of emotional world of infant and caregiver.

Overall, this book helps in identifying clinical symptoms based on problematic behaviors displayed. It provides a casual rubric form with 4 questions that clinicians can use to determine the clinical symptoms. It lists and categorizes symptoms in two age groups and provides several examples of goals related to the symptoms. This book assists in identifying interventions related to the symptom and goal of the client. It is very clear, easy to read and it is very valuable to clinicians working with children ages 0-5. It is a great tool as it can assist clinicians in writing progress notes and developing care plan for clients. The author, Barbara Stroud, is very knowledgeable and experienced and does an amazing job at writing a very interesting and practicable book.
Pictures from the 2013 Southern California Regional Conference

Lisa Klipfel hands over the bag!

Ashley Rotter (San Bernardino Chapter Secretary) ready to play!

Lisa Shadburn (presenter) presents … the best present of all!
Pictures from the 2013 San Francisco Bay Area Chapter Workshop

John McGinnis (Secretary) and Jeanette Harroun (President Elect) chow down with the Dude!

Presidents Club! Shelli Rose (Sacramento Chapter President) and Susan Brumm (SF Chapter President) and Jeannette Harroun (SF Chapter President Elect) …no Dude!

Play Therapist Kate Rome and CALAPT President Mary Ruth Cross set sail with the Dude!
Chapter Leadership and Updates

Central Coast Chapter Leadership and Update:
(The Central Coast Chapter includes the areas of San Luis Obispo and Santa Barbara)

President
Dana Francis, MFT
didf@charter.net

President-Elect
Anne C. Harris, MFT
anneandpoozie@yahoo.com

Secretary
Jenni Basch, MFT-I
jennibasch@gmail.com

Immediate Past President
Cheri Love
loinslo@yahoo.com

Dana Francis, President, Central Coast Chapter CALAPT

The Central Coast Chapter has lunch with the Dude!

Our Central Coast Chapter Board Members have been busy traveling of late. I attended the Orange County Conference in May and was so glad I did! I came away better skilled in assessing young clients using the DC 0-3 and using play therapy techniques with children exposed to trauma. Elizabeth Sorensen, LCSW, RPT and Lisa Staab Shadburn, PsyD presented these workshops, respectively. I highly recommend attending their workshops in the future.

Cheri Love, our immediate past president is currently in Japan, President-Elect, Anne Harris just returned from Europe and our secretary, Jenni Basch, is with family in Los Angeles for an extended time. In spite of their travels, these dedicated board members continue to work as a team as we finalize our 6 CEU workshop. Stay tuned for details but mark your calendars for Saturday, August 31, 2013. Enjoy the Central Coast and an all day experiential play therapy workshop!

Dana Francis, LMFT
President
Central Coast Chapter, CALAPT
Central Valley Chapter Leadership and Update:
(The Central Valley Chapter includes the areas of San Joaquin County and Modesto)

The Central Valley Chapter is coming alive once again! We are looking for members who are interested in joining the team and promoting play therapy around the Central Valley! Central Valley Chapter is reforming and looking for play therapists that want to be involved. Please contact Valente Orozco at vorozco@cloviscounseling.com to help bring the Central Valley Chapter into full bloom.

Los Angeles Chapter Leadership and Update:
(The Los Angeles Chapter includes the areas of Los Angeles, Ventura, & the San Fernando Valley)

Monica Fyfe, MFT, President, Los Angeles Chapter CALAPT

President
Monica Fyfe, MFT
monicafyfe@hotmail.com

President-Elect
Deisy Rengel

Secretary
Jeanette Sanchez, MSW
jsanchez.msw@gmail.com

Immediate Past President
Laia Vincens-Fuste, ASW, MSW
laiavincensfuste@hotmail.com

The LA Chapter of CALAPT is actively recruiting for volunteers to serve as a Chapter officer for 2014! We are looking for Secretary and President-Elect positions! Please email Monica Fyfe, current President of the LA Chapter, at: monicafyfe@hotmail.com with any questions and to find out more!

Also, we will be having our next 1.5 CEU workshop on Saturday, August 17th at Loyola Marymount University on "Introduction to Play Therapy" by presenter, Joseph de Luna, Psy.D, RPT-S. Please email us to register and for more details at: lacalapt@gmail.com
Orange County Chapter Leadership and Update:
(The Orange County Chapter includes all geographic regions of Orange County)

Robin Christopherson, MA, President Orange County Chapter CALAPT

President
Robin Christopherson, MA
robinmft@yahoo.com

President-Elect
Lisa Klipfel
lisa@lisaklipfelmft.com

Secretary
Jenny Gallagher
jenny.a.gallagher@gmail.com

Immediate Past President
Whitney Sturdy
whitney.sturdy@gmail.com

The Orange County Chapter is off to a great start this year! We held our full-day workshop with Kathryn deBruin, LMFT, RPT-S presenting on “Child-Parent Relationship Therapy (CPRT) – Filial Play Therapy” and two 1.5 workshops presented by Margaret Creek, LMFT, ATR-BC on “Art and Play Therapy to Reduce the Effects of Trauma” and Myisha Driver, LMFT along with Dominique Eugene, LMFT, RPT-S presenting on “Developmental Power of Play.” We had a great turn out at all three workshops and want to thank our presenters for sharing their expertise.

We would also like to extend our appreciation to Alliant University – Irvine campus for becoming our new host venue for workshops. We are grateful for your generosity and hospitality! Our next 1.5 CEU workshop will be held on Saturday, September 28 2013 from 9:00 to 11:00. We’d love for you to join us for education and play!

We are looking for energetic members that are passionate about spreading the value of play therapy to the community. We are looking to fill the Officer positions of Secretary and a President-Elect for the 2014 year!

Please contact Chapter President, Robin Christopherson, MA at robinmft@yahoo.com for information on Officer positions or questions about the OC Chapter."
Riverside Chapter Leadership and Update:
(The Riverside Chapter includes all geographic areas of Riverside County)

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**President-Elect:**
Vacant

**Immediate Past President:**
Kimberly Bartlett, LCSW, RPT

We are still looking for volunteers to be on the chapter leadership team. Please consider using your wonderful leadership skills to keep Riverside Chapter thriving. Please contact Chapter Immediate Past President Kimberly Bartlett at play_therapist@verizon.net.

Sacramento Chapter Leadership and Update:
(The Sacramento Chapter includes Sacramento and outlying areas including Elk Grove, Folsom, El Dorado Hills, Roseville and Auburn and Davis, Yolo, County.)

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<td>Shelli Rose, LMFT</td>
<td>Rita Campbell, Psy. D., MFT Intern</td>
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<td><a href="mailto:rita.mccampbell@gmail.com">rita.mccampbell@gmail.com</a></td>
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**President-Elect:**
Sidonie Smith-Dustman, MFT
sasdustman@yahoo.com

**Immediate Past President:**
Ann J. Burke, LMFT, RPT
ann_burke@mindspring.com

CALAPT's Sacramento Chapter has continued to be active on many levels.

This is something big! ....

“Play Therapy for Trauma” with distinguished presenter Eliana Gil, Ph.D., will be presented by the Sacramento Chapter on September 14, 2013. Watch for the workshop flyer in your email for details.

And stay tuned and check the Website for registration information!

For additional information on the Sacramento Chapter of CALAPT, please contact the Chapter President, Shelli Rose at sbwrose@gmail.com.
San Bernardino Chapter Leadership and Update:
(The San Bernardino Chapter includes all geographic areas of San Bernardino County)

President
Roxana Guadalquivir
rguadalquivir@hotmail.com

Secretary
Ashley Rotter

President-Elect
Gladys Corado

Immediate Past President
Angela Talbot
Angelatalbot22@gmail.com

Roxana Guadalquivir, President, San Bernardino Chapter CALAPT

The San Bernardino Chapter of CALAPT in April hosted an informative and powerful full day workshop presented by Jodi Smith on the topic of Tools for Teens: Engaging Teens in the Play Therapy Process. Our chapter was fortunate to receive an exceptional presentation from Jodi Smith who is an expert and in play therapy. We had a great attendance outcome and had many join APT as new members!

Save the date for our next training Saturday, September 14, 2013 presented by Dr. Lisa Staab Shadburn. Our last training for 2013 is scheduled for Saturday, November 9, 2013. Please join us on our remaining 1.5 CE workshops for the year.

We would also like to invite anyone interested in being a part of our chapter’s leadership for 2014 to contact us. We are looking for motivated and committed individuals who want to keep play therapy growing in our community. There are many benefits of being involved in our leadership team including access to free play therapy trainings and networking opportunities. Please contact rguadalquivir@hotmail.com for more information.

Thanks again to Argosy University in Ontario for their continued support and hosting of our chapter events!

~ Roxana Guadalquivir, 2013 San Bernardino Chapter President
San Francisco Bay Area Chapter Leadership and Update:
(The San Francisco Chapter includes all geographic areas of San Francisco Bay)

Susan Brumm MA, LPCC, President, San Francisco Bay Area Chapter CALAPT

President
Susan Brumm MA, LPCC
Sbrumm11@gmail.com

President Elect
Jeannette Harroun, MFT
jeannettehar1@aol.com

Secretary
John McGinnis, MA, MFT
johnherenow@gmail.com

Immediate Past President
Laura Wittenberg, MFT
laura.wittenberg.mft@gmail.com

The San Francisco Bay Area chapter has had a busy 2013. In addition to January’s 1.5 CE workshop, we assisted with the NorCal Regional Conference on Mar 1, hosted a Triple Header workshop in May and hosted a 6.0 Workshop on Sandtray on Saturday June 29!

Saturday’s workshop was attended by 53 people who came from all over Northern California. One person even came from Nevada! The presenter, Gisela De Domenico, led us on an experiential and transformational journey through the worlds of the sandtray. It was fun to look around the room and see the participants fully engaged with each other, with the images and with the spaces they’d created. Special thanks go to Gisela, to our hostess Beth Hoch who provided an amazing venue, to the officers of the local chapter and to volunteer attendees from the CALAPT Board, from Sacramento, from the Central Valley and other places. It takes a lot of people to put on a successful workshop.

The work of our leadership team does not stop here. In July, several of us have the opportunity to speak at a Didactic Event at JFK University. On September 20, we host a free 1.5 CE workshop on “Sensory Motor Considerations in Play,” and on November 15 we will host our final 2013 workshop on the use of Drama in Play Therapy.

What a great year!

Mark your calendars for Sept 20 and Nov 15, and come and join us.

Susan Brumm, MA, LPCC
SF Bay Chapter President
## 2013 California Association for Play Therapy Board of Directors

### Executive Board

**President**  
Mary Ruth Cross, LMFT, RPT-S  
maryruthcross@comcast.net

**President-Elect**  
Aseye Allah, ASW, MSW  
Arkaa3@yahoo.com

**Immediate Past-President**  
Vacant

**Treasurer**  
Colleen Sebastian, MFT, RPT-S  
coanse@earthlink.net

**Secretary**  
Miranda Gabriel, Psy.D  
dr.mgabriel@gmail.com

### Members-at-Large

**MAL A / Web Administrator**  
John McGinnis, MA, MFT  
johnherenow@gmail.com

**MAL B / Southern CA CE Oversight**  
Nubia Echavarria, Psy. D  
nubia_b_e@yahoo.com

**MAL C / Southern CA Conference Coordinator**  
Reena Patel, MA  
reenacspatel@gmail.com

**MAL D / Northern CA CE Oversight**  
Vacant

**MAL E / Northern CA Conference Coordinator**  
Karen Pernet LCSW, RPT-S  
(510) 923-0520  
kepernet@yahoo.com

**MAL F / Outreach & Development - Chair**  
Christy Livingston  
christy.livingston@yahoo.com

**APA Oversight**  
Jacqueline Golding, Ph.D.  
JacquelineGoldingPhD@gmail.com
Chapter Officers from San Francisco, Central Coast, Central Valley and Sacramento take time out from a busy Northern California Regional Meeting to snap a pix with the Dude!

For upcoming CALAPT events visit our website at www.calplaytherapy.org
Schedule subject to change
CALAPT LEADERSHIP OPPORTUNITIES!

Interested in networking, expanding your resume and attending FREE play therapy trainings? If so, then CALAPT leadership may be for you!

Benefits of service as a CALAPT officer include:

• Free attendance at all CALAPT Chapter Workshops throughout the state
• Free continuing education credits specific to play therapy for the BBS, APA, and APT
• Leadership experience to add to your resume
• Opportunities to network & strengthen your professional career while serving the play therapy community

Leadership opportunities are available at the local chapter level as well as the executive board level. Contact President-Elect Aseye Allah at arkaa3@yahoo.com for more information.
California Association for Play Therapy
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   ☐ $115 per 1/2 page 8 inches wide x 5 inches tall
   ☐ $165 per full page 8 inches wide x 7 inches tall

☐ The CALAPT newsletter is a web publication that is distributed 5 times per year - the first of January,
   April, June, August, and October.
☐ Deadlines for newsletter submissions are 60 days prior to these dates.
☐ For best results, please submit ads created in graphics programs and saved as JPG or PDF files. Ads in
   other formats may be submitted, however please be aware they may not convert legibly to a web
   layout.
☐ Text ads may be submitted in either a Word document or within the body of an email.
☐ Minimum font size is 12pt bold.
☐ Please submit ads to CALAPT President Mary Ruth Cross at maryruthcross@comcast.net. You will
   receive a confirmation that your ad was received.
☐ Following receipt of your confirmation, please complete this form on the computer, print, and mail to
   the CALAPT Treasurer along with payment to the address below.
Total Enclosed: $       Today’s Date:
☐ Check/Money Order for $       payable to CALAPT enclosed

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   Colleen Sebastian
   CALAPT Treasurer
   PO Box 597 Pismo Beach, CA 93448
DISCLAIMER: The aim of the CALAPT Newsletter is to provide a forum for discussion of a wide range of articles representing various theoretical models, treatment approaches, concerns and activities in play therapy. Inclusion of a specific article does not reflect CALAPT official position or endorsement unless otherwise stated. The data and statements herein are the sole responsibility of the authors concerned.