



CALAPT TODAY

A Newsletter of the
California Association for Play Therapy

Volume 25, Number 2, April 2014



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How to stay connected with CalAPT!



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CalAPT website

www.calplaytherapy.org



CalAPT Facebook Page

www.facebook.com/CALAPT



CalAPT Twitter Page

[@calapt](https://twitter.com/calapt)

President's Message

Hello Everyone!

CalAPT has just had their 7th Annual Northern Regional Play Therapy Conference. We want to thank all the volunteers that helped out during the event; as well as all our wonderful Presenters. CalAPT has many more exciting training upcoming in 2014. Please contact your Chapter Officers or the CalAPT website for more information on available trainings.

The California Association for Play Therapy is still looking for a Northern BBS oversight to help review paperwork and prepare for trainings occurring in the Northern California Area. If you love to review, edit, and proof paperwork, then we are looking for you! Please contact me for more information.

~ Aseye Allah, CalAPT 2014 President
arkaa3@yahoo.com



Aseye Allah,
CALAPT 2014 President

Special Announcements



The California Branch would love to welcome Kathy Leppy as the new CEO for APT!

Kathryn Leppy, CAE, CMP will succeed Bill Burns, CAE as CEO of the Association for Play Therapy on April 1, according to Chair of the Board Jennifer Baggerly.

Kathy has earned a Bachelor's in finance and a Master's in organizational behavior and is both a certified association executive and meeting professional. She is an active member of the American Society of Association Executives, California Society of Association Executives, Professional Convention Management Association, and International Policy Governance Association. She has been employed by APT since 1992 and is currently its chief operating officer.

The decision was made by the Board of Directors during its Feb. 22 meeting in Dallas. "The directors and I are impressed with Kathy's credentials, extensive experience in organizational management, and vision for APT," said Jennifer. "We are confident that she will lead us forward."

Regional Conferences

Thank you everyone who attended CalAPT's Northern Regional Play Therapy Conference. We hope that you enjoyed our presenters and the topics. We would like to thank Dr. Hess, Ph D., Judith Stern, LMFT, and Leslie Baker LMFT for providing us with interesting trainings that expanded our knowledge of Play Therapy.

The Southern Regional Play Therapy Conference is fast approaching on April 25 and 26, 2014 at Argosy University in Orange California. For more information or to register please visit

<http://a3.acteva.com/orderbooking/bookEvent/A339955>

Book Review

Sandtray: Playing to Heal, Recover, and Grow (2013)

By Roxanne Rae, MSW, LCSW, BCD

My interest in reviewing *Sandtray: Playing to Heal, Recover, and Grow* (2013) by Roxanne Rae, MSW, LCSW, BCD is a result of my love of this modality and my experience as a therapist and a trainer who uses and teaches Sandtray. This was a great opportunity for me to deepen my understanding and I am grateful.

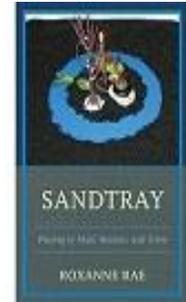
The book focuses on an approach to Sandtray grounded in Margaret Lowenfeld's work. Dr. Lowenfeld originally developed Sandtray therapy in the 1920's and her approach became known as "World Technique." Ms. Rae studied with Dr. Gisela Shubach DeDomenico whose work is developed from that of Dr. Lowenfeld. Dr. DeDomenico has named her approach "Worldplay-Sandtray." Ms. Rae also identifies her spiritual practice of Buddhism as an important influence. She integrates Sandtray into her work as both a talk and play therapist and does not consider herself a stand-alone Sandtray therapist.

I found the book's arrangement thoughtful. Approximately the first one-third of the book is devoted to the philosophy and science underlying Sandtray, the second one-third to the 10 step process of building and processing Sandtrays and the last one-third to children's trays, trauma and very practical appendixes. The author intersperses case studies with photos of sandtrays throughout the book to illustrate the various aspects of this work. The case studies and photos (including color versions on her website) are a tremendous strength of this book.

The author begins with history of Sandtray and a description of her approach. She then reviews intrinsic communication and which is built into Sandtray. She follows with the importance of the relationship between the builder of the Sandtray and the therapist. Ms. Rae uses the word "creator" for the person making the sandtray and the word "witness" for the therapist. Throughout the book Ms. Rae emphasizes the importance of the role of witness, the resonance between therapist and creator. "Sandtray facilitates integration and healing ...as people encounter the implicit, nonlinear aspects of their experiences. The quality ...of the personal connection (with the therapist) profoundly influences the course and outcome of treatment" P39-40. She expands on the concept of meaning as a both a verbal and non-verbal process which evolves as the witness enters the world of the creator.

The second third of the book explores the ten stages of Sandtray therapy using the Lowenfeld/DeDomenico method. She makes it clear that in actuality the steps are not necessarily completed and vary according to the person and situation. Briefly the steps involve the silent building of the tray, the viewing of the tray by both parties, the empathic listening of the witness as the creator begins to talk about the sand world (entering into the world, the further and deeper exploration of the world) and leaving the world, relating it back to the issues of the client and making a plan, cleaning up and photographing the tray.

Rae also explores sandtrays of children and trauma trays. Children's trays are often filled with action-"moving trays" and the processing is less verbal, depending upon the age, developmental level and issues with the child. As with play therapy in general, left brain understanding is not necessary for the experience to be beneficial. In doing Sandtray with traumatized children, Rae



distinguishes between toxic and non-toxic sandtrays and offers gentle ways to intervene when the play is itself creating more trauma and thus is toxic. The last third of the book also includes 3 practical appendixes on the setting up a Sandtray room, FAQs and, importantly, exercises to develop skills involved in witnessing.

Sandtray: Playing to Heal, Recover, and Grow is clearly a work of love and caring. As stated earlier, the careful use of case examples integrated with every aspect of the book makes it exceptional. Additionally the examples range from the trays of young children to those of seniors-from the tray of a 3 year old to that of an 83 year old. Rae also spends considerable time on the development of skills of a Sandtray therapist, emphasizing role of witness.

This book is clearly written and explains the author's approach to Sandtray therapy. One criticism I do have is that the author did not include any information about other approaches to Sandtray. I found the lack of mention of Sandplay, the Jungian approach, disconcerting.

Although the beginning chapters were lengthy, they were helpful in thoroughly explaining the underpinnings of her approach.

I think this is a useful book for therapists from all levels of experience with Sandtray. However, if the reader has had no experience with Sandtray, it would be difficult to understand the profundity of this approach. I would suggest the readers have at least some experience with doing their own trays.

Book Reviewed by:

Karen Pernet LCSW, BCD, RPT-S
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Karen Pernet has been in practice for over 20 years and specializes in psychotherapy and play therapy for people of all ages. Karen graduated from the Gestalt Therapy Institute of Philadelphia. She is an LCSW, Registered Play Therapist-Supervisor and Somatic Experiencing Practitioner. She has trained internationally and has a private practice in Oakland, CA. Additionally she provides supervision and trainings in play therapy, Filial Family Therapy and Sandtray. Her trainings have been described as lively, encouraging, responsive to individual needs, informative, interactive and welcoming. Karen studied Sandtray with Violet Oaklander, Dottie Higgins-Klein and Gisela DeDomenico.

Volunteer Opportunity

CALAPT is looking for you!

We are still looking for someone who enjoys editing, proofing documents and would love to learn the ins and outs of planning trainings. The CALAPT Board is looking for a Northern BBS Oversight. If interested, your Job would be to help the current President-Elect Susan Kelsey and each of the Northern Chapters in completing paperwork that would directly influence training sponsored by CalAPT. There are many benefits to serving on the Board. If you are interested please contact Aseye Allah at arkaa3@yahoo.com

Thank you,
Aseye Allah
-2014 CALAPT President

Chapter Leadership and Updates

Central Coast Chapter Leadership and Update:

(The Central Coast Chapter includes the areas of San Luis Obispo and Santa Barbara)

President

Anne C. Harris, LMFT
anneandpoozie@yahoo.com

President-Elect

Allison Locke, ASW
allygato1998@yahoo.com

Secretary

Jenni Basch, MFT-I
jennibasch@gmail.com

Immediate Past President

Dana Francis, MFT
dfdf@charter.net

We had a great turnout for our March 8 workshop! Stacy Guisse, Psy.D., MFT, gave an exciting presentation about connecting with teens using art, movement, and music in play therapy. Our next 1.5 CEU presentation will be free as well, and will be on May 17.

Anne Harris, LMFT
President
Central Coast Chapter of CALAPT

Central Valley Chapter Leadership and Update:

(The Central Valley Chapter includes the areas of San Joaquin County and Modesto)

President

Lisa Huerta
Mslisa87@hotmail.com

President-Elect

Valente Orozco, LCSW
vorozco@cloviscounseling.com

Secretary

Elisabeth Contreras, MFT-Intern
Contreras81@gmail.com

The Central Valley Chapter is officially up and running! We recently held our first chapter meeting and 1.5 CEU workshop. Valente Orozco, LCSW presented “Working with Fantasy in Gestalt Play Therapy” to a large group of professionals, students, and clinicians. Attendees had the opportunity to explore Play Therapy techniques for deepening children’s’ fantasy and experience in Play Therapy. We are looking forward to our next event on June 21st. For any additional information or to be added to our email list, please contact us at centralvalleycalapt@gmail.com .

-Central Valley Chapter Officers

Los Angeles Chapter Leadership and Update:

(The Los Angeles Chapter includes the areas of Los Angeles, Ventura, & the San Fernando Valley)

President

Deisy Rangel, LCSW
deisyrangel@gmail.com

President-Elect

Karla Gonzales, LMFT
kgpenaflorLMFT@gmail.com

Secretary

Gloria Osborne, MSW
gloriabosborne@gmail.com

Immediate Past President

Monica Fyfe, MFT, BCBA
monicafyfe@hotmail.com

The LA Chapter is happy to announce our upcoming trainings. We are excited to have presenter Ken Schwartzenberger, LCSW, RPT-S that will be presenting on Drama Play Therapy - teaching play therapists drama play acting techniques, as well as presenter Dr. Lisa Staab Shadburn, Psy.D. who will be presenting on Turning ordinary into extraordinary: Creative play therapy interventions for children and adolescents. Also, our very own Aseye Allah, LCSW, RPT who will be presenting on Attachment. Stay tuned for dates on these creative, playful trainings.

Deisy Rangel, LCSW
President- LA Chapter

Orange County Chapter Leadership and Update:

(The Orange County Chapter includes all geographic regions of Orange County)

President

Lisa Klipfel, LMFT
lisa@lisaklipfelmft.com

President-Elect

Malaika Clelland, LCSW
malaikaclelland@gmail.com

Secretary

Cristina Minchala, LMFT
cminchala@gmail.com

Immediate Past President

Robin Christopherson, MFT-Intern
robinmft@yahoo.com

We were very excited to have Karen Marks, LCSW, RPT-S present to our Orange County chapter on trauma in March. She has an amazing amount of experience in the area of childhood abuse and was a great resource in teaching us how to help children heal through play therapy. I only wish we had a much larger venue so we could have accommodated more play therapists!

Our next OC Chapter meeting will be May 31, 2014 from 9-11 am at Argosy University in Orange. The topic will be announced soon.

Thank you,
Lisa Klipfel, MFT
President OC Chapter

Riverside Chapter Leadership and Update:

(The Riverside Chapter includes all geographic areas of Riverside County)

President Vacant	President-Elect Vacant	Secretary Vacant	Immediate Past President Kimberly Bartlett, LCSW, RPT
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We are still looking for volunteers to be on the chapter leadership team. Please consider using your wonderful leadership skills to keep Riverside Chapter thriving. Please contact Chapter Immediate Past President Kimberly Bartlett at play_therapist@verizon.net.

Sacramento Chapter Leadership and Update:

(The Sacramento Chapter includes Sacramento and outlying areas including Elk Grove, Folsom, El Dorado Hills, Roseville and Auburn and Davis, Yolo County.)

President Sidonie Smith-Dustman, LMFT sasdustman@yahoo.com	President-Elect Rita McCampbell ritamccampbell@gmail.com
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Secretary Jennifer Tutt, LCSW jentutt@sbcglobal.net	Immediate Past President Shelli Rose, LMFT sbwrose@gmail.com
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The Sacramento CALAPT Chapter will be hosting our next free 1.5 CEU workshop on April 12, 2014 from 10 - 12 with presenter Suzy Cambell OTR on Sensory Processing with use of Play Therapy. The 6 CEU will be on September 13, 2014 hosting Kimberly VanderDussen presenting Super Heros in Play Therapy

Sidonie Smith-Dustman, MA, LMFT, IPMHS
Sacramento CALAPT Chapter President

San Bernardino Chapter Leadership and Update:

(The San Bernardino Chapter includes all geographic areas of San Bernardino County)

President Gladys Dorantes Corado gladgeorgia@gmail.com	President-Elect Brianna Belcher tenacious_breezy@yahoo.com
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Secretary Marissa Soria Mgsoria79@yahoo.com	Immediate Past President Roxana Guadalquivir rguadquivir@hotmail.com
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The CALAPT San Bernardino Chapter has had a great start for 2014. We had our chapter's outreach event on March at Argosy University in Ontario, CA. This was a great opportunity to highlight the benefits of CALAPT, APT, and play therapy in our community. We continue to be grateful to Argosy University in Ontario, CA for their generosity in hosting our workshops this year.

San Bernardino Chapter Leadership and Update:
(continued)

This month we are having our 6 CE Full-Day training, “Play Therapy with Children and Families of Divorce” on Saturday, April 5, 2014 from 9am-4pm with Dr. Lisa Staab Shadburn. This training will focus on utilizing play therapy to assist and support children and families of divorce. We hope you can join us!

We also would like to invite anyone interested in being a part of our Chapter’s leadership for 2015 to contact us. We are looking for motivated and committed individuals who want to keep play therapy growing in our community. Please contact gladgeorgia@gmail.com for more information.

~ Gladys Dorantes Corado, 2014 San Bernardino Chapter President

San Francisco Bay Area Chapter Leadership and Update:
(The San Francisco Chapter includes all geographic areas of San Francisco Bay)

President

Jeannette Harroun, LMFT
Jeannettehar1@aol.com

President-Elect

Karen Wolfe

Secretary

Tiffany Williams, LCSW
Tiffany_crystal17@yahoo.com

Immediate Past President

Susan Brumm, LPCC
sbrumml1@gmail.com

The San Francisco Chapter got off to a great start with a well-attended and terrific 1.5 workshop on Friday, January 31, 2014. Mary Ruth Cross, MFT, NCC, RPT-S presented on “Creating The Play Therapy Treatment Team- Effective Strategies for Working with Parents in Play Therapy.”

Our next event will be our 6.0 Workshop in June, 2014. Katrinka Ford will be presenting. Stay tuned for more information! We’d also like to thank Argosy University in Alameda for willingness to support and host chapter events.

We would like to thank Susan Brumm (2013 President) and John McGinnis (2013 Secretary) for their terrific leadership. The San Francisco Chapter wouldn’t have been nearly as successful without their energy, enthusiasm and creativity. We look forward to their continued involvement in 2014.

Last but not least, we are pleased to announce that Karen Wolfe has agreed to become the chapter’s President-Elect for 2014. We’re thrilled that our team is now complete and we’re looking forward to another exciting year of play therapy events.

Jeannette Harroun, M.A., MFT 2014 Chapter President

2014 California Association for Play Therapy Board of Directors

Executive Board

President

Aseye Allah, LCSW, RPT
email: arkaa3@yahoo.com

President-Elect

Susan Kelsey, LMFT, RPT-S
Email: susankelseymft@gmail.com

Immediate Past-President

Mary Ruth Cross, MFT, NCC, RPT-S
Email: maryruthcross@comcast.net

Treasurer

Patricia Temple, MFT
Email: Ptemple99@gmail.com

Secretary

Miranda Gabriel, Psy.D.
Email: dr.mgabriel@gmail.com

Members-at-Large

Member-at-Large A / Web Administrator

Robin Christopherson, MFT-Intern
Email: robinmft@yahoo.com

Member-at-Large B / Southern California BBS Oversight

Christy Livingston, LMFT
Email: Christy.livingston@yahoo.com

Member-at-Large C / Conference Chair South

Reena Patel, MA; PsyD. Student
Email: calapsocalrptccordinator@gmail.com

Member-at-Large D / Northern California BBS Oversight

VACANT

Member-at-Large E / Conference Chair North

Debbie Lignell, LMFT
Email: dlignell@aol.com

Member-At-Large F / Outreach and Development

Jodi Smith, LCSW, RPT-S
Email: jodi@playispowerful.com

MAL G/ APA Oversight

Elizabeth Schreiber, Psy. D
Email: easand@earthlink.net

CALAPT LEADERSHIP OPPORTUNITIES!

Interested in networking, expanding your resume and attending **FREE** play therapy trainings? If so, then CALAPT leadership may be for you!

Benefits of service as a CALAPT officer include:

- ✓ Free attendance at all CALAPT Chapter Workshops throughout the state
- ✓ Free continuing education credits specific to play therapy for the BBS, APA, and APT
- ✓ Leadership experience to add to your resume
- ✓ Opportunities to network & strengthen your professional career while serving the play therapy community

Leadership opportunities are available at the local chapter level as well as the executive board level. Contact President, Aseye Allah at arkaa3@yahoo.com for more information.

Advertisements



Do you see a need for increased representation and training events in your area?

To start a chapter in your area or to find out about chapters in the process of forming please contact: Aseye Allah, LCSW, RPT at arkaa3@yahoo.com

Credentialing Corner

We encourage all play therapists and CALAPT members to seek formal credentialing with the Association for Play Therapy.

For more information, go to

<http://www.a4pt.org/ps.credentials.cfm?ID=1637>

OR

Contact Carol Guerrero, (559) 252-2278 x 1



Take advantage of all your dual membership power!

Check out the websites:

www.calplaytherapy.org

and

www.a4pt.org

The Association for Play Therapy (APT) is the parent organization of CalAPT. The Association for Play Therapy observes a dual membership policy. Dual membership requires:

- Persons joining CalAPT to join APT
- Persons living in California who join APT also become members of CalAPT

The purpose of dual memberships is to increase collaboration and interaction between APT and its state branches – a partnership CalAPT supports!

DISCLAIMER: The aim of the CALAPT Newsletter is to provide a forum for discussion of a wide range of articles representing various theoretical models, treatment approaches, concerns and activities in play therapy. Inclusion of a specific article does not reflect CALAPT official position or endorsement unless otherwise stated. The data and statements herein are the sole responsibility of the authors concerned.



California Association for Play Therapy Newsletter Ad Order Form



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Newsletter: January April June August October

Text Ad: FREE 30 Word Text Ad (CALAPT member) 30 Word Text Ad (non-member) \$20

Additional Words at 25 cents each

Display Ad: \$50 per 1/8 page 4 inches wide x 3 inches tall

\$65 per 1/4 page 4 inches wide x 5 inches tall

\$115 per 1/2 page 8 inches wide x 5 inches tall

\$165 per full page 8 inches wide x 7 inches tall

- The CALAPT newsletter is a web publication that is distributed 5 times per year - the first of January, April, June, August, and October.
- Deadlines for newsletter submissions are 60 days prior to these dates.
- For best results, please submit ads created in graphics programs and saved as JPG or PDF files. Ads in other formats may be submitted, however please be aware they may not convert legibly to a web layout.
- Text ads may be submitted in either a Word document or within the body of an email.
- Minimum font size is 12pt bold.
- Please submit ads to CALAPT President Aseye Allah at arkaa3@yahoo.com. You will receive a confirmation that your ad was received.
- Following receipt of your confirmation, please complete this form on the computer, print, and mail to the CALAPT Treasurer along with payment to the address below.

Total Enclosed: \$ Today's Date:

Check/Money Order for \$ payable to CALAPT enclosed

Signature: _____

Mail completed form with payment to:

Patricia Temple
CALAPT Treasurer
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W. Sacramento, CA 95691