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Please visit our CALAPT website at www.calplaytherapy.org  
It is value packed with resources and information about play therapy trainings throughout CA!
President’s Message: Mary Ruth Cross, MS, MFT, NCC, RPT-S

SPRING INTO ACTION WITH CALAPT!

I am sure you have seen the lovely signs of spring; flowers blooming, trees budding, nose running and that wonderful reminder that something new is on the way. CALAPT is blooming with great trainings and chapter meetings filled with an abundance of colorful ways to get and stay connected to play therapy. Have you registered for the Southern California Regional Play Therapy Conference, May 3 and 4 at Argosy University in Orange? There are 8 different workshops to choose from. Our workshops offer training for every skill level; from beginning play therapists to more advanced applications for seasoned clinicians. All of the CALAPT trainings are approved for credit with the Association for Play Therapy to earn CEU’s toward becoming a Registered Play Therapist. Please check out our website for more information or contact the Conference Coordinator, Reena Patel at reenacpatel@gmail.com

GOOD NEWS!!

Central Valley Chapter is reforming and looking for play therapists who want to be involved. Please contact Valente Orozco at vorozco@cloviscounseling.com to help bring the Central Valley Chapter into full bloom.

Nominations and Leadership Needs

CALAPT is looking for “joiners” – those members who want to participate actively in supporting CALAPT’s mission of promoting the use of play therapy. We are looking for individuals who want to share their talents within a supportive leadership team. The skills and talents that we are in need of are as follows: bookkeeping, communication, outreach, training oversight, planning and implementing conferences. The Board of Directors is seeking nominations for individuals who have the skills to fill board positions beginning in 2014. There are job descriptions and training available. The positions include President Elect, Treasurer, BBS Oversight for No. Cal. MAL, Conference Coordinator and Outreach Coordinator. Please consider being a part of the Board of Directors so that we can continue to keep CALAPT thriving. Contact Mary Ruth Cross at maryruthcross@comcast.net if you are interested or have questions.

THANK YOU Special thanks to Karen Pernet and her team of volunteers for a very successful 6th Annual Northern California Regional Play Therapy Conference that was held March 1st at University of Phoenix, Livermore Learning Center, Livermore. It was a great day of play therapy training, networking and having a playfully good time.
RENEW YOUR MEMBERSHIP AND SAVE

The APT annual conference is being held in Palm Springs this year and if you are a member you can save BIG on conference fees. A reduced fee for the APT conference is just one of the many benefits of membership with APT. You also get reduced rates on all CALAPT trainings as well as a quarterly play therapy magazine and journal. You can also participate in the local chapters and create great networking opportunities with other play therapists in your area. Come join the fun and be a member of APT.

Busy hands and kind hearts keep CALAPT thriving. I hope you will continue to be a part of our playful group.

Warm Regards, Mary Ruth Cross, MS, MFT, NCC, RPT-S, President CALAPT 2013
INSIDE THE OFFICE with Aseye Allah, LCSW, RPT

By Christy Livingston, CALAPT Outreach Member-at-Large

President-elect Aseye Allah is one of the leading practitioners of Play Therapy in California and in 2014 will take over the leadership of CALAPT. As an intern Aseye heard about play therapy from her supervisor, a past president of the Orange County Chapter of CALAPT. Encouraged to get involved, she chose to work with the Los Angeles Chapter where she helped the struggling chapter renew interest in play therapy. She thereby began to volunteer in different capacities for CALAPT. Volunteering led to leadership positions for the L.A. County Chapter and then becoming the BBS CE Oversight Member-at-Large on the CALAPT Board of Directors. Aseye will take over for outgoing CALAPT President Mary Ruth Cross on January 1, 2014.

**Education and current position**

Aseye received her Master of Social Work degree from the University of Pennsylvania. Her path led her across the country to Southern California where she is currently a Licensed Clinical Social Worker and a Registered Play Therapist. She works with children from infancy to 9 years of age at The Guidance Center in Long Beach, CA.

**Aseye’s philosophy of Play**

Play is a natural extension of Aseye’s therapy process. “Play is largely based in what I do,” she says, continuing to learn about techniques and interventions to assist her clients and their families, although she has occasionally found an initial resistance from adults in her practice. The reason for this, she has uncovered, is that often the parents of her child clients did not have the opportunity to play when they were growing up, and find themselves struggling with this aspect of their child’s development. Utilizing patience and perseverance helps break down barriers that inhibit growth. Ultimately pay therapy benefits the parents as well as the child. “It’s very freeing,” she says, adding that parents “get to re-experience their childhood.”
Starting a play-oriented practice

It’s hard to know where to begin a play therapy practice. We all know the toys from our youth, and may be familiar with some of the hot sellers of today. But which toys are most appropriate for the purpose of therapy? Aseye recommends a dollhouse & its components, make-believe food props, and, for trauma victims, rescue toys such as fire fighters, doctors and an ambulance. There’s a lot of work involved, but results can be amazing: “I do a lot of attachment work,” she reports, “and seeing rebuilding of attachment even after hundreds of times” never becomes routine. “It still amazes me to see how effective it is.” Aseye is very positive about the future of play therapy and encourages newcomers to the field to “learn as much as you can and don’t limit yourself to one area of play. You don’t know what your niche will be.”
Chapter Leadership and Updates

Central Coast Chapter Leadership and Update:
(The Central Coast Chapter includes the areas of San Luis Obispo and Santa Barbara)

President
Dana Francis, MFT
ddfdf@charter.net

President-Elect
Anne C. Harris, MFT
anneandpoozie@yahoo.com

Secretary
Jenni Basch, MFT-I
jennibasch@gmail.com

Immediate Past President
Cheri Love
lovinso@yahoo.com

The Central Coast Chapter has lunch with the Dude!

Our Central Coast Chapter is excited to present: When Words are Not Enough: Integrating Play Therapy into Your Work with Adult Clients. Cheri Love, Registered Marriage and Family Therapist Intern will offer this 1.5 CEU workshop Saturday, April 27, 2013. Participants will be able to explain how play therapy with adults differs from play therapy with children and will learn experientially how to facilitate and process play therapy with adult clients. Please join us!

And since the LA times has deemed our Central Coast and the city of San Luis Obispo one of the top 10 places to visit then consider vacationing with us in July and attending our 6 CEU workshop on Saturday, July 27, 2013. Lyla Tyler, MFT, RPT-S, will be offering two topics; divorce and regulatory disorders; to participants. If you work with children dealing with divorce, separation and remarriage and have clients who need to develop calming strategies and strengthen social skills, then this “2 for 1” 6 CEU workshop is for you.
Central Valley Chapter Leadership and Update:
(The Central Valley Chapter includes the areas of San Joaquin County and Modesto)

The Central Valley Chapter is coming alive once again! We are looking for members who are interested in joining the leadership team and promoting play therapy around the Central Valley! Central Valley Chapter is reforming and looking for play therapists that want to be involved. Please contact Valente Orozco at vorozco@cloviscounseling.com to help bring the Central Valley Chapter into full bloom.

Los Angeles Chapter Leadership and Update:
(The Los Angeles Chapter includes the areas of Los Angeles, Ventura, & the San Fernando Valley)

Monica Fyfe, MFT, President, Los Angeles Chapter CALAPT

President
Monica Fyfe, MFT
monicafyfe@hotmail.com

President-Elect
Deisy Rengel

Secretary
Jeanette Sanchez, MSW
jsanchez.msw@gmail.com

Immediate Past President
Laia Vincens-Fuste, ASW, MSW
laiavincensfuste@hotmail.com

Thanks to all who came to our March 1.5 CEU and thanks to Quint Paige for a great talk on Setting Limits in Play Therapy! Please join the LA Chapter of Play Therapy for our upcoming 6 CEU on Saturday, June 22nd! We are honored to have Dr. Kevin O’ Connor, co-founder of the Association for Play Therapy, be our invited speaker! He will be presenting on "Group Therapy with Children and Adolescents using Play Therapy." You don't want to miss it! For more information, please email us at: lacalapt@gmail.com Happy Spring!!
Orange County Chapter Leadership and Update:
(The Orange County Chapter includes all geographic regions of Orange County)

Robin Christopherson, MA, President Orange County Chapter CALAPT

President
Robin Christopherson, MA
robinmft@yahoo.com

President-Elect
Lisa Klipfel
lisa@lisaklipfelmft.com

Secretary
Jenny Gallagher
jenny.a.gallagher@gmail.com

Immediate Past President
Whitney Sturdy
whitneysturdy@gmail.com

The Orange County Chapter is off to a great start! We had 28 people attend our second meeting on Feb 23. Margaret Creek, LMFT, ATR-BC presented “Art and Play to Reduce the Effects of Trauma.” Margaret shared her extensive experience utilizing art therapy to increase healthy attachment in children suffering the effects of trauma. Attendees were provided with fun and useful interventions to use with children, adolescents and adults.

Attendance at our meetings is continuing to increase and our Chapter is growing with the addition of new members! We have upcoming presentations planned for May 18th and Sept 28th. Information will be available on the California APT website. We welcome therapists, interns and students to join us!

For more information please feel free to contact Robin Christopherson, Chapter President, at robinmft@yahoo.com
**Riverside Chapter Leadership and Update:**  
*(The Riverside Chapter includes all geographic areas of Riverside County)*

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<td>Secretary</td>
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<tr>
<td>Immediate Past President</td>
<td>Kimberly Bartlett, LCSW, RPT</td>
<td><a href="mailto:play_therapist@verizon.net">play_therapist@verizon.net</a></td>
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We are still looking for volunteers to be on the chapter leadership team. Please consider using your wonderful leadership skills to keep Riverside Chapter thriving. Please contact Chapter Immediate Past President Kimberly Bartlett at play_therapist@verizon.net.

**Sacramento Chapter Leadership and Update:**  
*(The Sacramento Chapter includes Sacramento and outlying areas including Elk Grove, Folsom, El Dorado Hills, Roseville and Auburn and Davis, Yolo, County.)*

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<td>Immediate Past President</td>
<td>Ann J. Burke, LMFT, RPT</td>
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CALAPT's Sacramento Chapter has continued to be active on many levels. As the Chapter President, I was joined by our Secretary, Rita McCampbell and our Immediate Past President, Ann Burke on March 1st when we volunteered at the NorCal Play Therapy Conference. It was a privilege to help out and we joined many others in learning about great ways to expand the use of play therapy while having oodles of fun! On March 2nd, Sidonie Smith-Dustman, the Chapter's President Elect, joined me for the No. CALAPT Executive Board Meeting, where we received the latest and most relevant information to support us in being a thriving and growing chapter of CALAPT.

On Feb. 2, as part of our first meeting of the year, we were delighted to host Lisa Mitchell, LMFT, AT-R, a well-known and respected art therapist in the Sacramento region. Her workshop, "Partner with Your Creativity and Make Every Play Therapy Session a Masterful Work of Art," was attended by over 50 clinicians from throughout the region. Through rich experiential exercises and thought-provoking discussion, we learned effective ways to use creativity in the play therapy process, transcending the conventional ways of understanding and addressing so-called "resistance" and creative blocks.

On April 13, 2013 from 10a-12p we will be hosting our second chapter meeting and workshop of the year. We are excited to have Karen Pernet, from the SF Bay Area join us. During her workshop entitled "Filial Therapy: Integrating Family and Play Therapy" she will introduce participants to filial therapy as a treatment modality that can greatly enhance the parent / caregiver - child relationship.

For additional information on the Sacramento Chapter of CALAPT, please contact the Chapter President, Shelli Rose at sbwrose@gmail.com.
San Bernardino Chapter Leadership and Update:
(The San Bernardino Chapter includes all geographic areas of San Bernardino County)

President
Roxana Guadalquivir
rguadaquivir@hotmail.com

Secretary
Ashley Rotter

President-Elect
Gladys Corado

Immediate Past President
Angela Talbot
Angelatalbot22@gmail.com

Roxana Guadalquivir, President, San Bernardino Chapter CALAPT

The CALAPT San Bernardino Chapter has had a great start for 2013. On January 26, 2013 we had a successful presentation with Stacey Merrell and Amy Graves on Creating Super Heroes: Using Super Hero Themes in your Play Therapy Practice. This presentation was fun and playful and it served participants in using creative superhero interventions to help clients with self-esteem, communication skills, and stressful events. We also had our chapter’s outreach event on February 4, 2013 at Argosy University in Ontario, CA. This was a great opportunity to highlight the benefits of CALAPT, APT, and play therapy in our play therapy community. We continue to be grateful to Argosy University in Ontario, CA for their generosity in hosting our workshops this year.

This month we are providing our 6 CE Full-Day training on Saturday, April 20, 2013 from 9am-4pm with distinguished presenter Jodi Smith, LCSW, RPT-S. Jodi Smith will be presenting on Tools for Teens: Engaging Teens in the Play Therapy Process. This training will focus on utilizing play therapy to engage teenagers in therapy. We hope you can join us for this wonderful training!

We also would like to invite anyone interested in being a part of our Chapter’s leadership for 2014 to contact us. We are looking for motivated and committed individuals who want to keep play therapy growing in our community. Please contact rguadalquivir@hotmail.com for more information.

~ Roxana Guadalquivir, 2013 San Bernardino Chapter President
San Francisco Bay Area Chapter Leadership and Update:
(The San Francisco Chapter includes all geographic areas of San Francisco Bay)

Susan Brumm MA, LPCC, President, San Francisco Bay Area Chapter CALAPT

President
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Sbrumm11@gmail.com

President Elect
Jeannette Harroun, MFT
jeannettehar1@aol.com

Secretary
John McGinnis, MA, MFT
johnherenow@gmail.com

Immediate Past President
Laura Wittenberg, MFT
laura.wittenberg.mft@gmail.com

The San Francisco Bay Area chapter of CALAPT began on June 16, 2001 which gives us 13 years of networking, play therapy training and friendships. In addition to our designated geographical area (Alameda, Contra Costa, Marin, Napa, San Francisco, Santa Clara, Solano and Sonoma counties), we draw participants from as far away as San Joaquin, Stanislaus and Fresno counties.

On January18th, we sponsored a well-attended 1.5 CE workshop entitled “Playing to Learn: Using Play Therapy in Social Skills Group,” which was presented by Karen Wolfe, MFTI.

Coming next:

• A “Triple Header” on Friday May 17th. This is a fun event where three speakers each give a 20 minute presentation on a favorite play therapy intervention.
• A sand tray workshop on Saturday June 29th, presented by Gisela De Domenico.
• A tour of various playrooms in July.
• A 1.5 workshop on Friday Sept 20th.
• A 1.5 workshop on Friday Nov 15th.

It will be a busy, productive year, so ya’ll come join us now, y’hear?

Susan Brumm, President
Jeanette Harroun, President-Elect
John McGinnis, Secretary
Laura Wittenberg, Immediate Past President.
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<td>Mary Ruth Cross, LMFT, RPT-S</td>
<td>John McGinnis, MA, MFT</td>
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<td><strong>President-Elect</strong></td>
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<td>Aseye Allah, ASW, MSW</td>
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Chapter Officers from San Francisco, Central Coast, Central Valley and Sacramento take time out from a busy Northern California Regional Meeting to snap a pix with the Dude!

For upcoming CALAPT events visit our website at www.calplaytherapy.org
Schedule subject to change
CALAPT LEADERSHIP OPPORTUNITIES!

Interested in networking, expanding your resume and attending
FREE play therapy trainings? If so, then CALAPT leadership may be for you!

Benefits of service as a CALAPT officer include:
• Free attendance at all CALAPT Chapter Workshops throughout the state
• Free continuing education credits specific to play therapy for the BBS, APA, and APT
• Leadership experience to add to your resume
• Opportunities to network & strengthen your professional career while serving the play therapy community

Leadership opportunities are available at the local chapter level as well as the executive board level. Contact President-Elect Aseye Allah at arkaa3@yahoo.com for more information.
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**Newsletter:**
- [ ] January
- [ ] April
- [ ] June
- [ ] August
- [ ] October

**Text Ad:**
- [ ] FREE 30 Word Text Ad (CALAPT member)
- [ ] 30 Word Text Ad (non-member) $20
  
  Additional Words at 25 cents each

**Display Ad:**
- [ ] $50 per 1/8 page 4 inches wide x 3 inches tall
- [ ] $65 per 1/4 page 4 inches wide x 5 inches tall
- [ ] $115 per 1/2 page 8 inches wide x 5 inches tall
- [ ] $165 per full page 8 inches wide x 7 inches tall

- [ ] The CALAPT newsletter is a web publication that is distributed 5 times per year - the first of January, April, June, August, and October.
- [ ] Deadlines for newsletter submissions are 60 days prior to these dates.
- [ ] For best results, please submit ads created in graphics programs and saved as JPG or PDF files. Ads in other formats may be submitted, however please be aware they may not convert legibly to a web layout.
- [ ] Text ads may be submitted in either a Word document or within the body of an email.
- [ ] Minimum font size is 12pt bold.
- [ ] Please submit ads to CALAPT President Mary Ruth Cross at maryruthcross@comcast.net. You will receive a confirmation that your ad was received.
- [ ] Following receipt of your confirmation, please complete this form on the computer, print, and mail to the CALAPT Treasurer along with payment to the address below.

**Total Enclosed:** $ __________

**Today’s Date:** __________

- [ ] Check/Money Order for $ __________ payable to CALAPT enclosed

**Signature:** ____________________________

**Mail completed form with payment to:**

- Colleen Sebastian
- CALAPT Treasurer
- PO Box 597 Pismo Beach, CA 93448
DISCLAIMER: The aim of the CALAPT Newsletter is to provide a forum for discussion of a wide range of articles representing various theoretical models, treatment approaches, concerns and activities in play therapy. Inclusion of a specific article does not reflect CALAPT official position or endorsement unless otherwise stated. The data and statements herein are the sole responsibility of the authors concerned.